**Public Document Pack** 



## **RUSHMOOR BOROUGH COUNCIL**

## COMMUNITY POLICY AND REVIEW PANEL

at the Council Offices, Farnborough on Monday, 2nd January, 2017 at 7.00 pm

To:

Cllr M.D. Smith (Chairman) Cllr M.S. Choudhary (Vice-Chairman)

> Cllr R. Cooper Cllr Jennifer Evans Cllr A. Jackman Cllr S.J. Masterson Cllr J.J. Preece Cllr P.F. Rust Cllr J.E. Woolley

Enquiries regarding this agenda should be referred to the Lauren Harvey, Democratic and Customer Services, 01252 398827 lauren.harvey@rushmoor.gov.uk.

## AGENDA

## 1. **MINUTES –** (Pages 1 - 4)

To confirm the Minutes of the Meeting held on 17th November, 2016 (copy attached).

## 2. FRIMLEY HEALTH AND CARE SYSTEM SUSTAINABILITY AND TRANSFORMATION PLAN – (Pages 5 - 48)

The Panel to consider the following Notice of Motion submitted to the Council meeting on Thursday, 8th December, 2016:

"Aware of the dangers facing future funding of the National Health Service, this Council calls on the Frimley Sustainability and Transformation Plan (STP) to consult members as a matter of urgency about the gaps identified in the National Health Service locally, the priorities for the next five years, the initiatives in the next 18 months, the difficulties in recruiting staff, and the financing of plans going forward."

Sir Andrew Morris, Chief Executive of Frimley Health NHS Foundation Trust and Chair of the Frimley System Leadership Reference Group, and Dr Andrew Whitfield, Chair and Clinical Lead of NHS North East Hampshire and Farnham Clinical Commissioning Group, will be attending the Panel meeting to provide Members with further information on the Sustainability and Transformation Plan.

### 3. **PREPAYMENT METERS –** (Pages 49 - 52)

The Panel to note the briefing paper that reports on the progress of the work carried out on prepayment meters (copy attached).

## 4. WORK PROGRAMME – (Pages 53 - 60)

To note the Community Policy and Review Panel's work programme for 2016/17 (copy attached).

## MEETING REPRESENTATION

Members of the public may ask to speak at the meeting on any of the items on the agenda by writing to the Panel Administrator at the Council Offices, Farnborough by 5.00 pm three working days prior to the meeting.

Applications for items to be considered for the next meeting must be received in writing to the Panel Administrator fifteen working days prior to the meeting.

-----

This page is intentionally left blank

## COMMUNITY POLICY AND REVIEW PANEL

Minutes of the meeting held on Thursday, 17th November, 2016 at Council Offices, Farnborough at 7.00 pm.

## **Voting Members**

Cr. M.D. Smith (Chairman) Cr. M.S. Choudhary (Vice-Chairman)

	Cr. R. Cooper	Cr. S.J. Masterson	Cr. J.J. Preece
	Cr. Jennifer Evans		Cr. P.F. Rust
а	Cr. A. Jackman		Cr. J.E. Woolley

An apology for absence was received on behalf of Cr. A. Jackman.

## 12. MINUTES -

The Minutes of the Meeting held on 15th September, 2016 were approved and signed by the Chairman.

## 13. FIRST WESSEX GARAGE SITES -

The Panel welcomed Michelle Rooks-Dawson, Head of Sales and Assets, and Richard Paine, Land and New Business Manager, from First Wessex. Also in attendance were David Quest from Quest Estates (Chartered Surveyors and Valuers) and Glyn Burton from Hampshire Garages Investments Ltd. They had been invited to the meeting to explain the proposed transfer of the First Wessex garage portfolio.

David Quest gave Members a presentation on future plans for the garage sites, if they were to be sold to Hampshire Garages Investments Ltd. It was explained to the Panel that there were 1,129 garages and parking spaces with 604 (54%) let and 525 (46%) vacant.

The Panel noted that the rental of garages was not the core activity of First Wessex; its funding and resourcing had needed to be prioritised for the provision of social housing. It was noted that there had been a lack of pro-active management, no regular programme of maintenance and repair and no longterm strategic objectives for continued ownership.

The Panel noted that, in order to achieve the goals of developing tidier and more desirable garage sites, Hampshire Garages would need to work with an established garage management firm. Members were advised of the criteria for the possible management firm. There was a particular need for a local office with local staff. Two firms had been shortlisted for award of the management contract: Courtman and Co. and Secure Parking and Storage. Photographs showing the condition of some of the garage sites were shared with the Panel. It was explained that it would be necessary to identify the garage sites in disrepair and the sites with a greater tenant demand and rebuild them. Members were informed that the traditional garage size would not be suitable for parking an average UK car. It was therefore intended to build garages in three sizes to cater for different uses of the units. It was suspected that security would be important to tenants and therefore, the introduction of CCTV, secured fencing and lighting was intended.

The annual rent for the garage sites had been £600 per annum and it was questioned whether this was too high and was one reason for there being such a large number of vacant sites. The potential for solar panels being fitted to the roofs of the garages had been explored. It was noted that if this was successful and resulted in greater income generation, a reduction in rent for some customers could be a possibility.

The leading competition for garage sites was the large number of selfstorage companies. It was noted that the main difference between the two was that those companies offered heated and secure storage. Storage companies also offered flexible rent contracts to customers, whereas garage contracts were generally for twelve months.

Michelle Rooks-Dawson assured the Panel that First Wessex had worked with the Council's Planning Service and this had confirmed that none of the properties included in the portfolio had development potential.

The Panel **NOTED** the presentation and recommended to the Cabinet that the transfer of the garage stock to Hampshire Garages Investment Ltd. Be approved, subject to:

- First Wessex entering into an agreement with the Council to ensure that the capital receipt from the sale is reinvested in schemes within the Borough
- Hampshire Garages Investment Ltd. entering into a Deed Covenant with the Council not to transfer or grant any long lease of the stock or re-develop the stock without the consent of the Council
- First Wessex meeting the Council's legal costs

## 14. HEALTH AND WELLBEING -

The Panel welcomed Colin Alborough, Environmental Health Manager, who gave Members a presentation on the current approach to health and wellbeing in Rushmoor.

Members were reminded of the roles of each core organisation that made up the NHS structure. It was noted that the Rushmoor Health and Wellbeing Partnership served two organisations, Rushmoor Strategic Partnership (RSP) and Hampshire Health and Wellbeing Forum. The Rushmoor Health and Wellbeing Partnership was created by the RSP to work on issues affecting the health and wellbeing of local people, improve health outcomes and reduce health inequality. It was described as a multi-agency body that developed and monitored the implementation of the Rushmoor Health Strategy. The Partnership held regular meetings that were well attended.

The NHS Sustainability and Transformation Plan (STP) was shared with the Panel and it was explained that every health and care system in England had been required to produce an STP that showed how local services intended to evolve and become sustainable over a five year period. It was noted that the Frimley Health STP had been submitted in October, 2016.

The Panel noted how the Joint Strategic Needs Assessment (JSNA) supported the creation of the Hampshire Health and Wellbeing Strategy. The strategy had four main categories:

- Starting well so every child could thrive
- Living well so people chose to live healthier lives
- Ageing well so people remained independent, had choice and control and timely access to high quality services
- Healthier communities so people lived in strong and supportive communities

Members noted the health and wellbeing challenges in Rushmoor; these were measured as being worse or significantly worse than Hampshire and/or England. The issues listed were:

- Hospital admissions caused by unintentional and deliberate injuries in young people (aged 15-24)
- Obese children (Year 6)
- Mental Health (psychiatric disorders)
- Hospital stays for self-harm
- Percentage of physically active adults
- Mortality (cancer and respiratory)
- Incidence of TB
- Falls
- Excess winter deaths
- Pockets of deprivation with health inequalities

Other areas where Rushmoor results had been significantly worse than the England average included GCSEs achieved, violent crime, smoking prevalence in adults and hospital stays for self-harm. The 2015 Index of Multiple Deprivation (IMD) data was shared and this identified two Rushmoor Lower Super Output Areas (LSOAs) in the most 20% deprived areas in England; these areas were located in the Cherrywood and Aldershot Park wards.

The Panel noted the projects that had taken place in the Borough which has been delivered by a number of organisations, including Life Skills, Winter Watch, Targeted Mental Health Awareness and Signposting, Farnborough Active Club, Active Families and Mind the Gap. It was concluded that local public health issues would continue to be monitored, along with local help projects.

The Panel **NOTED** the update.

## 15. **PRE-PAYMENT METERS –**

The Panel **AGREED** that this issue would be explored at the following meeting of the Panel and that Members would be consulted with a proposed approach prior to the meeting.

## 16. **PRIVATE SECTOR HOUSING SURVEY –**

The Panel noted the written update and a final update on the Private Sector Housing Survey would be provided to the Panel at the end of the Municipal Year.

## 17. WORK PROGRAMME -

The Panel noted the work programme for the 2016/17 Municipal Year.

The Meeting closed at 8.39 p.m.

M.D. Smith CHAIRMAN

-----



# Frimley Health and Care System Sustainability and Transformation Plan

# 21 Oct 2016 Submission

## **Contents**

NHS

Pack Page	Introduction & plan on a page	2
ັດ Section Two	Seven initiatives: our focus for 2016-18	4
Section Three	Five transformational enablers	18
Section Four	Mental health and learning disabilities	22
Section Five	Leadership & governance	23
Section Six	Finance	24
Section Seven	Communications and engagement	30
Appendices		31



## **Introduction to the Frimley Health & Care STP**



ection

One

Aim: To serve and work in partnership with the Frimley footprint population of 750,000 people, through the local system leaders working collaboratively to provide an integrated health and social care system fit for the future.

## Statement

All of the partners involved in the STP are committed to putting residents first. In practice this translates to people receiving/having access to seamless holistic services that meet their need at the earliest possible opportunity – right service, right time and right place. Through focussing on the individual, as opposed to structure, there is an increased focus on prevention and pro-active care rather than reactive treatment. The partners are taking collective responsibility for simplifying the system and making it easier for people to understand and navigate it.

The first two years of our five year STP will be delivered through seven system initiatives that integrate commissioning decisions and provider delivery. These are set out in detail in this submission.

## Workforce

'age

The priorities described in the STP will be underpinned by developing the right workforce with the right skills, knowledge and understanding to transform our services and pathways. Consequently one of our initiatives is dedicated to workforce development and the remaining six initiatives having to create a workforce plan. The STP Local Workforce Action Board is utilising Health Education England, universities and other education providers to drive the plans forward.

## Summary of progress since June

Established all of the workstreams to provide a coherent plan that clearly demonstrates the impact of each initiative with defined deliverables and benefits to the population.

- Increased the breadth of ownership and leadership of our STP through broad engagement
- Engagement and workshops with providers and commissioners to support alignment of primary and community care strategy and workforce resilience.
- Established the Local Workforce Action Board to respond to the workforce issues arising from each initiative.
- Further aligned the Local Digital Roadmap to the STP Priorities.
- Given a stronger voice to mental health and ensured that all seven key initiatives build in the requirements of the Mental Health Five Year Forward Plan.
- Developed an STP wide Communications and Engagement Strategy.
- Developed and updated the financial plan to reflect guidance and feedback from the September submission.

#### The Frimley Health & Care STP will provide benefits to the communities and individuals will:

- Be supported to remain as healthy, active, independent and happy as they can be.
- Receive better coordination of heath & social care system a 'no wrong door' approach.
- Know who to contact if they need help and be offered care and support in their home that is well organised, only having to tell their story once.
  - Work in partnership with their care and support team to plan and manage their own care, leading to improved health, confidence and wellbeing.
  - Find it easy to navigate the urgent and emergency care system and most of their care will be easily accessed close to where they live.
  - Have confidence that the treatment they are offered is evidence based and results in high quality outcomes wherever they live reduced variation through delivery of evidence based care and support.
  - Increase their skills and confidence to take responsibility for their own health and care in their communities.
  - Benefit from a greater use of technology that gives them easier access to information and services.
  - As taxpayers, be assured that care is provided in an efficient and integrated way.

## Plan on a page: The Frimley Health & Care STP

2016/17-17/18

**\_** 

focus

**Vill** 

We

which

50

initiatives

Seven



Many of our residents have the skills, confidence and support to take responsibility for their own health and wellbeing. We can do more to assist them in this and are committed to developing integrated decision making hubs with phased implementation across our area by 2018. Integrated hubs provide a foundation for a new model of general practice, provided at scale. This includes development of GP federations to improve resilience and capacity and provides the space for our GPs to serve their residents in a hub that has the support of a fit for purpose support workforce. Delivering services direct to residents in locations that suit them, at times that suit them, supports our ambition to transform the 'social care support market'. Through a personalised yet systematic approach to delivery of health and social care we have the possibility of reducing clinical variation. Change will be delivered through advances in technology and we will implement a

 $\infty$  shared care record.

**Priority 1:** Making a substantial step change to improve wellbeing, increase prevention, self-care and early detection.

years

S

Our priorities for the next

**Priority 2:** Action to improve long term condition outcomes including greater self management & proactive management across all providers for people with single long term conditions

**Priority 3:** Frailty Management: Proactive management of frail patients with multiple complex physical & mental health long term conditions, reducing crises and prolonged hospital stays.

**Priority 4:** Redesigning urgent and emergency care, including integrated working and primary care models providing timely care in the most appropriate place

**Priority 5:** Reducing variation and health inequalities across pathways to improve outcomes and maximise value for citizens across the population, supported by evidence. Initiative 1: Ensure people have the skills, confidence and support to take responsibility for their own health and wellbeing.

**Initiative 2:** Develop **integrated decision making hubs** to provide single points of access to services such as rapid response and reablement, phased by 2018.

**Initiative 3:** Lay foundations for a new model of **general practice provided at scale**, including development of GP federations to improve resilience and capacity.

**Initiative 4:** Design a **support workforce** that is fit for purpose across the system

Initiative 5: Transform the social care support market including a comprehensive capacity and demand analysis and market management.

**Initiative 6:** Reduce **clinical variation** to improve outcomes and maximise value for individuals across the population.

**Initiative 7:** Implement a **shared care record** that is accessible to professionals across the STP footprint.

- The Frimley system will spend c£1.4bn on health and social care in 2016/17.
- Although there are modest increases in funding over the period to 2020/21, demand will far outstrip these increases if we do nothing.
- We have assumed health providers can make efficiency savings of 3% pa, and demand can be mitigated by 1% pa. This is in line with historic levels of achievement and existing efficiency plans following the acquisition of Heatherwood & Wexham Park hospital in 2014. Including broader efficiencies from Social Care will deliver about £176m by 2020/21.
- If a further £28m can be saved across our main priority areas, this coupled with an allocation of £47m from the national Sustainability and Transformation Fund (STF) will bring

#### STP 2020/21 Summary

Analysis

Financial

Summary

		Do Nothing	Solutions	Do Something
		£m	£m	£m
	Commissioner Surplus / (Deficit)	(100)	89	(11)
	Provider Surplus / (Deficit)	(87)	80	(7)
	Footprint NHS Surplus / (Deficit)	(187)	169	(18)
	Indicative STF Allocation 2020/21	-	-	47
2	Surplus /(Deficit) after STF Allocation	(187)	169	29
	Social Care Surplus / (Deficit)	(49)	27	(22)
	Total Surplus / (Deficit)	(236)	197	7

An underpinning programme of transformational enablers includes:

A. Becoming a system with a collective focus on the whole population. B. Developing communities and social networks so that people have the skills and confidence to take responsibility for their own health and care in their communities. C. Developing the workforce across our system so that it is able to delivery our new models of care. D. Using technology to enable patients and our workforce to improve wellbeing, care, outcomes and efficiency. E. Developing the Estate.

## Ensure people have the skills and support to take responsibility for their own health and wellbeing.

Lead Director: Lise Llewellyn, Director of Public Health; Project Manager, Ben Rowlands

#### **Overall Objectives**

- Develop a range of digital, telephone and face to face support for people with high risk lifestyle behaviours or mental health characteristics
- Introduce a digital support package that encourages behaviour change linking with the One You programme
- Supporting a healthy NHS workforce enhancing the Commissioning for Quality and Innovation initiatives to deliver sickness absence reductions and reduced agency requirements
- Year 1 and Year 2 priorities will be tobacco cessation in elective care, early cardiac detection, diabetes and physical inactivity utilising digital technology via a patient portal and nudge techniques as part of these programmes
- Learn from the Vanguard self-care initiatives, for example, healthy living pharmacies and safe haven model for mental health and replicating effective interventions across the STP footprint
- Support self-care through identification and use of digital platforms such as patient portal, patient facing technology and shared care record across the STP footprint to develop comprehensive care and support planning
- Work in collaboration with the Fire Service to enable joined up front line service delivery

#### **Deliverables**

- 1. Programme implemented across STP to detect higher than normal blood pressure within primary care and the community
- Roll out of national diabetes prevention programme 2.
- 3. Offers of quit support for smokers undertaking elective procedures
- 4. Alcohol Care Teams in hospital sites and brief intervention in health settings building on work of the alcohol liaison nurses
- 5. Training of staff to improve the understanding of lifestyle risks, maximising every contact counts
- Obesity reduction programme setup throughout footprint 6.
- 7. Develop and implement digital programmes to support healthy lifestyles e.g. to encourage inactive residents to increase physical Pack activity

Roll out successes of Vanguard interventions

#### Interdependencies

- Rechnology, whole system intelligence and shared care record gital transformation initiatives such as patient portal, patient facing
- Health and wellbeing strategies
- Vanguard pilot in North East Hampshire and Farnham
- Underpinning all of the other initiatives within the STP

Milestone	s	
Milestones	Start Date	End Date
Development of a project to increase referrals to the National Diabetes Prevention Programme	Feb 16	Oct 17
Project documentation approved	30 Sep 16	17 Oct 16
Model the financial impact	Oct 16	Oct 16
Agree definition and terms of reference for steering group	17 Oct 16	17 Oct 16
Submit the STP		21 Oct 16
National Diabetes Prevention Programme Pilot Schemes start		28 Oct 16
Develop and agree a detailed framework	Oct 16	Nov 16
Setup and agree project teams for deliverables	Oct 16	Nov 16
Develop and roll out programme to reduce the number of people smoking within footprint	Oct 16	Dec 17
A fully implemented primary care/community programme for early detection of high blood pressure	Dec 16	May 17
Develop and implement targeted health promotion to reduce alcohol consumption	Mar 17	Oct 17
Project to promote an increase in physical activity	Mar 17	Oct 17
Evaluate Vanguard self-care interventions and roll out if evidence supports	Feb 17	Feb 18
Develop, implement and evaluate a digital platform to support self-care	Feb 19	Jan 20

## Key risks/ Issues

Risks	Mitigation
Lack of agreement on design principles / framework	Ensure maximum engagement ahead of required agreement date
Senior management support	Continual updates to System Leadership Reference Group
Public engagement and involvement	Co-production elements where possible and ensuring continual communication through a variety of conduits
Public health funding risk	Strong return of investment justifies funding

## Scope and exclusions

- This project will focus on people within the Frimley footprint which covers 5 CCG areas and serves a population of 750,000.
- Digital enablement to encourage self-care and prevention
- Although other areas of prevention may interface with this project they will not be considered in scope.

#### **Benefits**

- Just over £7.6 million net saving over the 5 years
- Reduction in smoking and alcohol consumption
- Earlier intervention for diabetes and hypertension
- Reduced sickness, improving the economy and society
- Improved cohesion between NHS, Fire Service and Local Authorities
- Health and wellbeing improved within Frimley footprint
- Contact with hard to reach groups and increasing reach through digital platform
- Areas with the poorest outcomes will be prioritised in the roll out of all initiatives to ensure we address health inequalities
- Digital ecosystem setup that will encourage sharing of care records and ownership for their own wellbeing

#### Outcome measures

- Blood pressure detection matches best performer in comparator CCGs
- An additional 18,135 residents are identified through the national diabetes prevention programme
- Reduction in growth rates of diabetes incidence
- Through offers to guit support an additional 463 smokers guit per vear
- Reduction in smoking related surgical site infections by 147 per yr
- Alcohol care teams setup across Frimley footprint
- Alcohol related deaths decreased by 20%
- Reduction in number of people with BMI over 30 by 2680
- Frimley footprint physical inactivity decreases to below 20%
- Increase in the availability of patient facing and patient portal technology
- Successful roll out of effective Vanguard intervention programmes

11

## Take responsibility for their own health roadmap - high level integrated view

	KC TC5	ponsibilit	<b>y 101 the</b> 23 2016/17	Q4 20			2017/18	-	>	Q2 201				3 2017/2	
Frimley Sys	stem Leadership Refe	erence Group	27 <sup>th</sup> Oct 📩 10 <sup>th</sup> Nov	24 <sup>th</sup> Nov	29 <sup>th</sup> Nov										
S I I I I I I I I I I I I I I I I I I I	and Self Care Group		Oct ★ ★	* *	*	*	*	*	*	*	*		*	*	Held monthly tbc
Healthan	d Wellbeing Boards	Accention ford	★ 8 <sup>th</sup> De	r A	🛨 2 <sup>nd</sup> Mar										
Prevention Health and		Slough	★ 16 <sup>th</sup> Nov		29 <sup>th</sup> M	ər									
ອ <u>ຼ</u>				▲	15 <sup>th</sup> Feb										
ernance		WINDSOR AND MAIDFNIIFAD	★ 30 <sup>th</sup> Nov												
, ver		Hat	★ 8 <sup>th</sup> De	c 🏋	16 <sup>th</sup> Feb										
V BOV		Health and Wellbeing Surrey	🗙 8 <sup>th</sup> De	с	🔀 9 <sup>th</sup> Mar										
Key		RUSHMOOR BOROUGH COUNCIL	★ 14	4 <sup>th</sup> Dec	★ 27 <sup>th</sup> Feb			*	7 <sup>th</sup> June			★ 27 <sup>th</sup>	' Sep		★ 13 <sup>th</sup> Dec
Programme	[	* STP Submission 21.1		ct delivery											
	lr	nitiation and Vis	sioning 🔶		Designi	ng and	Plann	ing			$\rightarrow$		C	reati	on and Delivery
Early detection of high blood pressure		Engage Prevention a work group Model financial imp		• Agi	ree a detailed de ree project team prove project bri		plement	ation fr	amewo	rk		»:		nual mo	rts for high impact interventions nitoring and evaluation to work
ncrease eferrals for liabetes		Review project alrea Engage Prevention a work group		alig • Ag	ree a detailed de gned to current p ree project team prove project bri	project	plement	ation fr	amewo	rk		<b>≫</b> :	Train	staff in i nual mo	eas for high impact interventions identified pilot area nitoring and evaluation to work
educe numbe f people moking	r	Engage Prevention a work group Model financial imp		· Un · Ag	ree pathway and dertake review o ree project team prove project bri	of current				ery		»:	Comm	nual mo	ovider e and train staff nitoring and evaluation to work
Reduce onsumption o Ilcohol	of the second seco	Engage Prevention a work group Model financial imp		· Ag · Re	ree a detailed de ree project team view work unde prove project br	rtaken by	-			ork		<b>)</b> :	Comn	nunicate nual mo	reas for high impact interventions e and train staff nitoring and evaluation to work
ncrease physic ctivity	al .	Engage Prevention a work group Model financial impa		• Rev • Agr	ee a detailed de view digital techi ee project team prove project bri	nology op			amewo	rk			Comm	nunicate nual mo	eas for high impact interventions and train staff nitoring and evaluation to work
mplement ligital platforn	m ).	Engage Prevention a work group Model financial imp		· Rev • Agr	ree a detailed de view digital tech ree project team prove project bri	nology op	-		amewo	rk			Comm	nunicate nual mo	eas for high impact interventions e and train staff nitoring and evaluation to work
ivaluate /anguard Self- Care project		Engage Prevention an work group Model financial impa		· Agr · Agr	dertake review o ee pathway and ee project team prove project bri	practical			e delive	ery			Roll o	ut succe nual mo	and train staff ssful initiatives nitoring and evaluation to work
Metrics and Evaluation		Develop a draft logic r Apply Vanguard evalu Agree system wide hij netrics	ation strategy	• Ag	velop the logic r ree specific outc tablish performa ree benefits real	ome mea	asures ac outcome	ross th s baseli	e systen ines			»:	Devel	op a sys	surement mechanisms tem wide digital dashboard ategy and logic model

5

# Develop **integrated care decision making hubs** to provide single points of access to services such as rapid response and reablement, phased implementation by 2018

Lead Director : Fiona Slevin-Brown, Director of Strategy, East Berkshire CCGs; Project Manager, Haider Al-Shamary

#### **Overall Objectives**

- System wide population based identification and proactive management of individuals with frailty
- **Care Model Design:** Develop a system wide model, based on NHSE Frameworks, for multidisciplinary teams to deliver community based care
- **Digital Cohort Identification**: Utilise whole system intelligence, Right Care, and predictive modelling, to identify and proactively manage cohorts with frailty
- Rapid Local Delivery: Build on local success and accelerate delivery at pace and scale across the system, with General Practice at the core
- Digital Enablers: Use a Shared Care Record, real time analytics, digital care services and multi-media sign posting
- Wider integration: Between health, social care and our community partners
- Mental Health Parity of Esteem: Join up physical and mental health care for high-need groups, such as people with severe mental illness and older people with dementia
- **Prevention and Self Care:** Collaborate with local authority, voluntary, and community partners, promoting prevention, early intervention, and community support
- Shared Processes: Shared risk processes, assessments, and a single shared care plan, targeting high impact interventions to enable proactive and preventative care
- Workforce Enablers: Introduce new roles and new ways of working e.g. care navigators, health coaches, clinical pharmacists, and integrated mental health leads

#### Deliverables

- Identify frail cohort of individuals in order to enable proactive planning.
- Clinical and virtual hubs with co-located MDTs
- MDT coordination of complex care planning and frailty
- A Targeted support for defined cohorts based on need
- Aligned crisis response, rehabilitation and reablement Rapid access to diagnostics and upstream diagnosis Social prescribing and asset based community support
- Social prescribing and asset based community support Aligned, integrated and simplified routes into UEC
- Streamlined primary, community and acute care interfaces
- Specialists and generalists working around the person
- Digital dashboard utilising whole system intelligence
- Flexible workforce able to work across the system

Milestones		
Milestones	Start Date	End Date
System wide workshop on core elements	Aug 16	Sep 16
Modelling the financial impact	Oct 16	Oct 16
Review the draft STP project documentation	Sep 16	Oct 16
System leaders on 'TCSL' leadership course	Oct 16	Jan 17
Submit the STP		21 Oct 16
Agree delivery and evaluation framework	Oct 16	Nov 16
Develop logic model and evaluation strategy	Oct 16	Nov 16
Convene a steering group aligned with 'TCSL'	Oct 16	Nov 16
Map the current state of delivery	Dec 16	Jan 17
Agree phased implementation plan	Jan 17	Feb 17
Approve local planning and scheduling	Feb 17	Mar 17
Implement quick wins in fast followers	Mar 17	Sep 17
Refine the framework through rapid learning	Mar 17	Sep 17
Develop a system wide digital dashboard	Mar 17	Sep 17
Deploy refined framework at scale and pace	Sep 17	Mar 18

## Key risks/ Issues

Risks	Mitigation
Lack of agreement on design principles / framework	Ensure maximum engagement ahead of required agreement date
Complex dependences between programmes of work	Programme governance and robust communications plan
Decision making needs to be coordinated across multiple statutory bodies	Robust critical path that takes into account decision making points and clear schedule of delegation

#### Interdependencies

- Other STP Initiatives and deliverables including Primary Care Transformation, Workforce, Unwarranted Variation, Social Care Support, Prevention and Self-Care
- Local Digital Roadmap and associated digital ecosystem
- Local Integrated Urgent and Emergency Care and NHS111 Redesign

#### Scope and exclusions

This initiative is concerned with the collaborative design of a system wide integrated care model framework for local delivery and implementation. The evolving scope will need to be aligned to the development of other STP initiatives and deliverables as they evolve.

#### Benefits

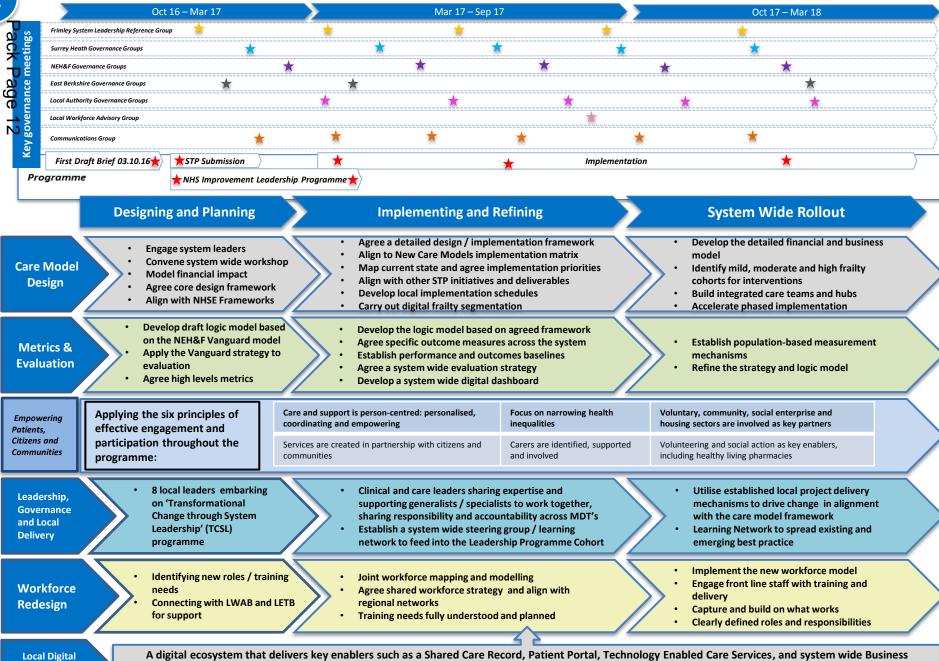
- Early access to proactive integrated services for individuals identified as frail
- Adoption of single trusted assessments and care planning
- Use of a Shared Care Record accessible across all settings
- Individuals will only have to tell their story once
- Individuals supported by personal recovery guides and navigators
- Reduced crisis, impacting on emergency admissions, bed days and admissions into care homes to improve quality of care
- Enhanced supported discharge into community settings
- Improved experience of individuals and equity of access for all
  Helping people maintain independence and manage their own
- health and care e.g. through expanded use of social prescribing
- Optimising quality of life and increasing healthy lifespan
- Social, emotional and psychological support in partnership with the individual
- Care homes integrated into the wider system

#### **Outcome Measures**

- Incremental reduction in non elective attendance towards 30% for the patient cohort identified as frail and managed within integrated hubs
- 2. Increase in frail cohort being treated proactively in same day/next day services
- 3. Reduction in proportion of people identified as frail readmitted within 30 days.
- 4. 75% of patients identified as frail have a proactive plan in place led by the integrated hub.
- 5. 50% of those identified as most frail will have a crisis prevention plan in place
- 6. Patient and carer satisfaction regarding care coordination and telling their story only once.
- 7. Staff satisfaction with integrated team working specifically regarding risk sharing.

Roadmap

## Integrated care decision making hubs Roadmap – high level integrated view



Intelligence

ection

Two

**Overall Objectives** 

## Lay the foundations for a new model of **General Practice provided at scale.**

**Milestones** 

Lead Director: Nicola Airey, Director of Planning, Surrey Heath CCG; Project Manager, Gazelle Robertson

<ul> <li>To deliver a sustainable model of general practice including a clinical, business and career model that delivers improved outcomes for our population</li> <li>To reduce variation in care and outcomes across the STP with a focus on:         <ul> <li>Access</li> <li>Mental Health</li> </ul> </li> </ul>	Milestones Engagement exercise to: -develop system wide views transformation -agree current good practice		Start Date Aug 16	End Date Sept '16
<ul> <li>Mental Health</li> <li>Prevention &amp; early intervention</li> <li>Patient experience</li> <li>Urgent care pathway</li> </ul>	across the system -agree how to work better to identify potential wide STP act		Son (1)	Oct (1)
Planned care referral thresholds	Financial Modelling		Sep '16	Oct '16
<ul> <li>Long term conditions clinical outcomes</li> <li>Use of technology to support access</li> </ul>	STP Submission			Oct 16
<ul> <li>Generate pace and early delivery through:</li> <li>Additional support to localities that need to strengthen foundations</li> </ul>	Project Brief sign off		Sep '16	Oct '16
<ul> <li>Enabling pacesetters to develop transformational changes early</li> </ul>	Establish an overarching workst group	tream steering	Oct 16	Nov 16
Identify fast followers to spread improvement at pace	Project Implementation		Nov 16	Mar '19
<ul> <li>Clear articulation of system wide benefits of improvements in general practice</li> </ul>	Evaluation process		Mar '19	Mar '20
Deliverables	Key ris	sks/ Issues		
March '19 delivery of FYFV for General Practice across whole STP	Di lu		A*••*	
<ul> <li>8am-8pm Mon – Fri GP services including access for MH pts</li> <li>Weekend GP services including access for MH patients</li> </ul>	Risks		Aitigation	
<ul> <li>Improved working across primary, community &amp; secondary care</li> <li>Early intervention for LTC and complex patients</li> </ul>	Lack of engagement from general practice across the system	priorities, en	System wide ownership of STP priorities, engagement plan and commitment to achieve change a fully staffed PMO driving and supporting the programme with leadership & input from across the system	
<ul> <li>General practice working at scale through federations</li> <li>Patient portal supported by LDR</li> <li>Wider primary care workforce eg. Health navigators</li> <li>System wide recruitment, retention strategy</li> </ul>	Insufficient resource to undertake associated workstream tasks	supporting the leadership & the system		
Consultations using technology eg. Video, emails, telephone • Real time analytics tools in collaboration with LDR		-Workforce s into wider wo -Future proof	orkforce pl	anning.
Interdependencies	General Practice workforce not fit for purpose to achieve	career model -Retention st	ls	
Dentegrated care decision making hubs; -prevention & self care; -	change	working		
Social care; -Shared care record;		PMO leads &	system lea	ads
Social care; -Shared care record; Onwarranted variation; -Support workforce; -Mental Health Enabling Workstreams: -LWAB; -Technology; -Engagement - Estate	Complexity of managing interdependencies across workstreams	PMO leads & working close ensure the al	ely togethe	er to

#### **Scope and exclusions**

Working across the Frimley health & care system to achieve general practice transformation through

- care redesign & improved access;
- workforce, education & training;
- IT & infrastructure;
- workload;
- finance and engagement

#### Benefits

- Improved access from an increased number of appointments
- Reduced variation in clinical outcomes and patient experience across the STP with specific ambitions to raise current levels of performance in Slough
- Increased capacity to deal proactively with complex patients including those with LTC
- Increased patient satisfaction and outcomes
- Sustainable and fit for purpose workforce
- Reduction in need to visit hospital services
- Collaboration across the system
- Increased general practice resilience
- Economies of scale & greater system wide efficiencies

#### **Outcome measures**

- Reduced variation in % of patients satisfied with opening hours & overall average increase – from 18/19
- % of patients rating their overall experience as good/very good, minimum 3% increase / 85% achieved – from Q4 17/18
- Additional number of appts outside core hours from Q1 18/19
- Reduced variation in number of people with a LTC feeling supported to manage their care 18/19
- Development of metrics to identify improvements in early detection & intervention eg cancer diagnosis via emergency routes – 18/19
- Examples of joint working across primary, community & secondary care – from Q1 18/19
- Increased general practice workforce incl. new roles from Q2 18/19
- % use of digital platform to access general practice from 18/19
- % of patients redirected to self care from 18/19

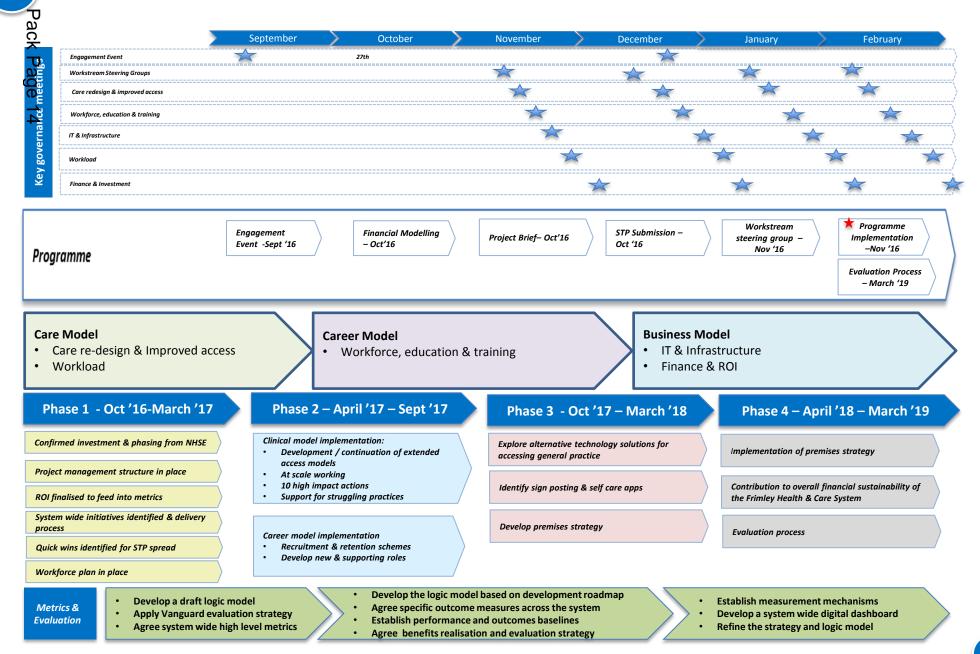
Section Two

8

# Section Two

## General Practice at scale roadmap – high level integrated view

3



## Design a support workforce that is fit for purpose across the system

Lead Director: Nicola Airey, Director of Planning, Surrey Heath CCG; Project Manager, Nick Willmore

#### **Overall Objectives**

We will work in partnership across the STP to recruit, retain and develop our support workforce to provide a joint workforce across organisations.

Initially we will complete a gap analysis on existing workforce, skills, vacancies and future requirements.

We will increase the pool of staff available in the footprint by:

- Improving recruitment through joint working and agreed terms and conditions across the system
- Improving retention by offering positions across social care, community and acute provision
- Supporting our current staff with the opportunity to move between health and social care, improving understanding of care delivery across the system
- Providing more development and progression opportunities within social care, community and acute care.

We are establishing a rotational apprentice scheme across social care, community and acute care which will begin in April 2017.

A pathway is being developed that will allow bands 1-4 to progress to pre-registration level, and have apprenticeships that will support band 4 staff to progress to band 5 registered nurses.

We will fully utilise the apprenticeship schemes to increase capacity, create new roles to support transformation and provide career progression for those looking for a professional role.

#### **Deliverables**

- Provide a workforce strategy that has identified the emerging roles, skills requirements and gaps in workforce provision across the system.
- Deliver a training and development plan that supports staff to work across a variety of settings, and see career progression.

Establish a rotational apprenticeship scheme across health and social care employers that is increasing the workforce in line with demographic trends.

Provide career progression programme for bands 1-4, and an opportunity for those who wish to progress beyond this to a first registered position.

- Establish a sustainable support workforce that provides an opportunity to develop new roles in the community.
- Provide the underlying technology infrastructure to support cross organisational working aligned with the LDR

Milesto	ones	
Milestones	Start date	End date
Develop STP Workforce Strategy and associated initiatives	13 Sept	31 Dec 16
Project agreement for apprentice scheme		31 Oct 16
Bid for Innovation Fund grant	16 Sept	01 Dec 16
Develop recruitment product for apprentices	1 Nov	31 Dec 16
Identify Training Manager for apprenticeships	1 Nov	30 Nov 16
Identify training provider	30 Nov	31 Jan 17
Recruit first cohort of apprentices	1 Jan	31 March 17

## Key risks/ Issues

Risks	Mitigation
Lack of applicants	Working alongside existing hospital apprenticeship arrangements
Lack of placements	Working alongside existing hospital apprenticeship arrangements
Delays in confirming new models for services	Cross team working developing work stream plans
An increase in staffing without role redesign will become a net increase in the spend on services.	The Support Workforce strategy will bring together work stream transformation plans to inform role redesign
Metrics of success are input focused and do not identify added value for people	Design of metrics during scheme implementation.

#### Scope and exclusions

- The Support Workforce covers a range of roles in health and social care including rehabilitation, reablement, domiciliary and support workers, care and healthcare assistants and residential care staff.
- Staff are employed across the NHS, some local authorities and a wide range of private and third sector businesses.
- It will not cover administrative support roles, nor those identified for professionally qualified practitioners.

#### Interdependencies

- The detail of workforce changes will be defined by individual work streams and then picked up by this work stream for planning purposes.
- The apprentices will be part of the core workforce undertaking support roles appropriate to their experience.
- Delivery is based on access to the Frimley Health FHFT National Apprenticeship Scheme (NAS) infrastructure which has an anticipated levy of £1.7m pa to cover apprentice training.
- Underpins the effective delivery of integrated care, and enables us to influence and change the social care support market.

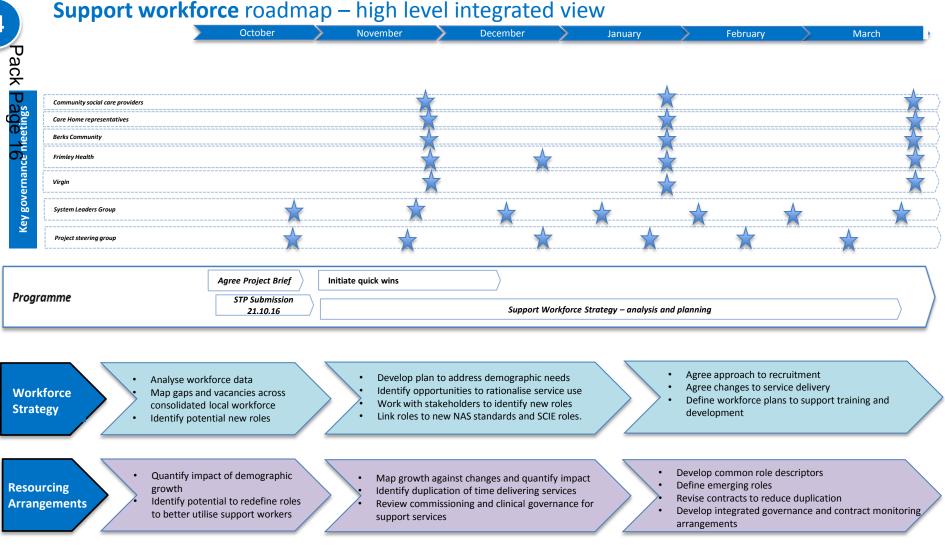
#### Benefits

- Offer people seamless integrated care delivery
- Build greater confidence in individuals and their carers and families in the options for receiving care closer to home
- Reduce the risk of delays and gaps in provision by providing a sustainable workforce with more consistent skills
- A more flexible workforce able to pick up more skills and adapt to new roles in line with future challenges
- Attract more staff into these sectors by providing good consistent training across the footprint

#### **Outcome measures**

- Number of apprenticeships established in each year
- Improvement of % turnover of staff from current levels across all sectors
- Number of staff rotating across sectors
- Levels of skills attainment across the cohort
- Reduction in agency spend across the cohort

## Support workforce roadmap – high level integrated view



Develop a draft logic model

Link with HEE

apprenticeship lead

Agree NAS lead employer

Agree project governance

Apply Vanguard evaluation strategy

Rotational

Metrics &

**Evaluation** 

Apprentices

Agree system wide high level metrics

- Agree resourcing, Identify training officer
- Agree workforce contracts
- Align provider arrangements for staff

- **Recruit apprentices** 
  - Identify placements
  - Confirm standards being used

- Develop the logic model based on development roadmap
- Agree specific outcome measures across the system
- Establish performance and outcomes baselines
  - Agree benefits realisation and evaluation strategy

- Establish measurement mechanisms
- Develop a system wide digital dashboard
- Refine the strategy and logic model

# Transform the '**social care support' mark**et including a comprehensive capacity and demand analysis and market management

Lead Director: Alan Sinclair, Interim Director of Adult Services, Slough Borough Council; Project Manager, Nick Willmore

Overall Objectives Milestones				
There is a need to ensure that there is sustainable social care market in order to support the wider health and social care system. This is currently challenged by increases in demand and activity and the	Milestones	Start date	End date	
differential way in which care is purchased and delivered across the STP.	Market development plan	3 Oc	t 31 Dec 2016	
<ul> <li>The STP identifies the intention to make better use of home based care, to support innovation in the delivery of accommodation with support and to seek opportunities to make use of technologies that</li> </ul>	Market development plan options	sign off Dec	1Jan 2017	
support independence, health and wellbeing in line with the LDR. To understand the local social care market in the STP and how best to	Market development options imple	emented Jan 201		
ensure there is a good capacity and good quality of care at affordable prices	Care home support plan	14 Nov	1 April 2017	
<ul> <li>Alternative care and support options are delivered including alternatives to care homes</li> </ul>	Complex needs review	Dec	April 2017	
The needs of our most complex people – including people with mental health needs, learning disabilities and acquired brain injury - are	Complex needs options sign off	Apri 201		
understood and models of care are delivered that meet their needs in the least institutional environment	Complex needs options implement	ed May 201		
People who live in care homes are supported well and only admitted to hospital when necessary and supported back home as quickly as possible, utilising digital technology where appropriate .	Kovrick			
Deliverables	Risks	risks/ Issues Mitigation		
A market development plan that describes: •an analysis of demand for social care services •the modelling of alternative support options across the footprint above local authorities are opposing with the care market	Failure to engage with social care providers (care homes and domiciliary agencies).	Early joint planning w representatives thro engagement arrange	ugh ASC	
<ul> <li>how local authorities are engaging with the care market</li> <li>the role of non-institutional care in the community</li> <li>how we are promoting innovation and stimulating new models of care</li> <li>Care Home support that:</li> </ul>	Impact of customers who are self-funders or from London Boroughs	Identify self-funders activity' to inform pla consents to new deve	and other anning	
<ul> <li>is reducing the number of urgent care admissions</li> <li>ensures that people return to care homes from hospital in a timely manner</li> <li>is making a difference to the experience of those in care homes</li> <li>bette upports people with dementia to remain in familiar</li> </ul>	Lack of new staff to deliver schemes	Initial scope required bank/agency staff pe recruitment and deve rotational apprentice	to use nding local elopment of	
surroupdings. •has implemented the learning from the ECHC vanguards A review of people with complex needs that •has coursed that they are receiving the best possible support	Insufficient activity in EBDs and admissions to allow for full benefits realisation	Detailed analysis of E admission HRG code		
<ul> <li>has in the eased their independence and control over the way they are supported</li> <li>has supported</li> <li>has supported innovation in the way that needs are met</li> <li>has supported people to be closer to their natural support networks.</li> </ul>	Multiple grounds for EBDs and admissions could result in impact of schemes not being identified due to other issues	Triangulate data fron against local records weighting for demog changes.	and	

#### Scope and exclusions

- The measures planned will focus on the social care market provision.
  - In order to maximise benefits the initial schemes will be focussed on care homes or groups of individuals who make the greatest demand on services in the community or in hospital. Initially this can be measured through hospital returns and levels of residential placements.
- The complex needs review will include people with a learning disability, with mental health needs or with acquired brain injuries.
- The five year strategy will need to develop local measures designed to support people with mental health needs and associated physical conditions.

#### Interdependencies

- Support workforce stability and capacity for home based care
- Prevention and self-care to manage demand for services and reduce need for on-going support
- Social care record to maximise impact of services
- Integrated Care Hubs managing demand for services
- Enhanced use of Technology Enabled Care Services to support
   people to remain at home
- Partnership working to increase housing options

#### **Benefits to local residents**

- All services based on maintaining you in a familiar environment
- Reduce the risk of extended admissions to hospital
- Greater choice and control over type and place of care
- Increasing and retaining your independence

#### **Outcome measures**

- Care Home Support
   – Reduce acute admissions from care homes by 20%
- Complex needs review Number of cases where support can be re-provided, target of 64 with total saving of £980,000

## **Social care support market** roadmap – high level integrated view



Market Strategy	<ul> <li>Agree key areas for transformation</li> <li>Agree service intervention principles Identify areas of greatest impact</li> <li>Evaluate potential for change</li> <li>Link to mental health strategy</li> </ul>	<ul> <li>Consult with providers on principles / potential innovation</li> <li>Map demographic needs against services</li> <li>Assess unmet need based on existing demand</li> <li>Map resources to identify investment needs</li> <li>Link to MH Forward View and LD programmes</li> <li>Identify digital solutions to link needs to market place</li> </ul>	<ul> <li>Define key actions to transform the market</li> <li>Quantify impacts expected from strategy implementation</li> <li>Agree changes in services with providers</li> <li>Evaluate impact of changes in social care on the system.</li> </ul>
Care Home Support	<ul> <li>Agreeing intervention model</li> <li>Define target group</li> <li>Identify high demand services</li> <li>Develop pathways to community service</li> <li>Link to shared care record</li> </ul>	<ul> <li>Map current resources</li> <li>Align support to areas</li> <li>Identify resource gaps</li> <li>Agree resources to be created</li> </ul>	<ul> <li>Appoint staff team</li> <li>Locate base</li> <li>Define metrics for evaluation</li> <li>Agree first phase of homes to be supported</li> <li>Align with primary care support</li> </ul>
Complex Needs Review	<ul> <li>Appoint project team to review complex needs support</li> <li>Agree scope and target group</li> <li>Undertake desk top review</li> <li>Develop plan for re-provision</li> </ul>	<ul> <li>Undertake individual reviews</li> <li>Develop alternative support plans</li> <li>Develop transitions programme for service changes</li> </ul>	<ul> <li>Agree providers for individuals</li> <li>Draw up service plans for individuals</li> <li>Support transitions between services.</li> </ul>
Metrics & Evaluation	<ul> <li>Develop a draft logic model</li> <li>Apply Vanguard evaluation strategy</li> <li>Agree system wide high level metrics</li> </ul>	<ul> <li>Develop logic model based on development roadmap</li> <li>Agree specific outcome measures across the system</li> <li>Establish performance and outcomes baselines</li> <li>Agree benefits realisation and evaluation strategy</li> </ul>	<ul> <li>Establish measurement mechanisms</li> <li>Develop a system wide digital dashboard</li> <li>Refine the strategy and logic model</li> </ul>

# Reducing **clinical variation** to improve outcomes and maximise value for individuals across the population.

Lead Director: Ros Hartley, Director of Strategy and Partnerships, NEHF CCG; Project Manager, Gazelle Robertson

•	
Overall Objectives	
<ul> <li>To use the Right Care Approach to reduce variation across our System for the five disease areas initially identified through</li> </ul>	Milestones
the programme:	Engagement exercise to r
-Respiratory: development of specialist clinics	areas
-MSK: consistent pathways rolled out to general practice	Complete financial mode
-Neurology: community outreach clinics	identify savings and area
-Circulation: hypertension & stroke pathway development	
-GU: better end of life recognition and drug monitoring	STP submission
To establish an agreed process for identifying and reducing	
variation across further pathways within the system. To utilise the medical expertise across our system, and the	Project brief sign off
wider NHS and Social Care community, to ensure care	Workstream steering gro
pathways are fit for future service provision with up to date	establishment of subgrou
technologies to improve patient care.	action plans to undertake actions within each of the
To spread good practice across the STP area to reduce variation in quality and outcomes across the five disease areas	
valuation in quality and outcomes across the rive discuse areas	
Deliverables	Programme implementat
	Develop an evaluation pr
<ul> <li>Specific improvements and reduction in variation across five disease areas through:</li> </ul>	measurable outcomes to achieves its aims and deli
-consistent pathway development across providers	
-risk stratification and case management across providers	
-establishment of community clinics	Ke
-standardised service specifications	Risks
<ul> <li>Intensive data sets across each of the disease areas by CCG</li> </ul>	1/15//5
and across the STP	
<ul> <li>Joint working across primary, community and secondary</li> </ul>	Quality of data to determ
care	variation
Reduction in financial spend across five disease areas	
$\frac{1}{2}$	Lack of engagement acros primary and secondary ca
	primary and secondary ca
Reduction in financial spend across five disease areas Interdependencies	
Integrated care	
Shared care record	Focus on disease areas do
GP Transformation	not reduce variation
Mental Health	
Mental Health	

Milestones		
Milestones	Start Date	End Date
Engagement exercise to reaffirm priority areas	Sep 16	Oct '16
Complete financial modelling exercise and identify savings and areas for investment	Aug 16	Oct 16
STP submission		21 Oct 16
Project brief sign off	Oct 16	Oct 16
Workstream steering group set up and establishment of subgroups with detailed action plans to undertake and complete actions within each of the disease areas	Oct 16	Nov 16
Programme implementation	Nov 16	Oct 17
Develop an evaluation process with measurable outcomes to ensure programme achieves its aims and delivers change		Oct 17

Key risks/ I	ssues
--------------	-------

Risks	Mitigation
Quality of data to determine variation	Right Care Approach commissioning for value packs and SLA with CSU to obtain, monitor and analyse data
Lack of engagement across primary and secondary care	sign up from across the system and relevant clinicians feeding into workstream -continued engagement, -agreed principles and specific actions jointly developed
Focus on disease areas does not reduce variation	Right Care Approach and deep dive into data packs to reaffirm priority areas and continued monitoring of data to assess impact

#### **Scope and exclusions**

 Working across the Frimley Health system, using the Right Care Approach to reduce variation in:
 -Respiratory – Phase 1 (Oct 16)

-Musculoskeletal – Phase 1 (Oct16)

-Neurology – Phase 1 (Oct 16)

-Circulation – Phase 2 (Sept 17)

-Genito-Urinary – Phase 2 (Sept 17)

#### Benefits

- Reduced spend across each of the pathways totalling £37m, with recurrent savings in excess of £16m from Year 4
- Consistent alternative referral pathways for agreed conditions from Dec 2016
- Equitable health provision for our population
- Evidence based interventions developed across primary & secondary care
- Joint working across primary, community and secondary care
- Reduced variation benchmarked against national and STP data

Improved outcomes for patients across physical and mental health

#### **Outcome measures**

- Continuity of care and clearer information about care choices through standardised pathways – Q4 16/17
- The extent of reduction in variation across the CCGs in each of the selected disease areas over 5 years:

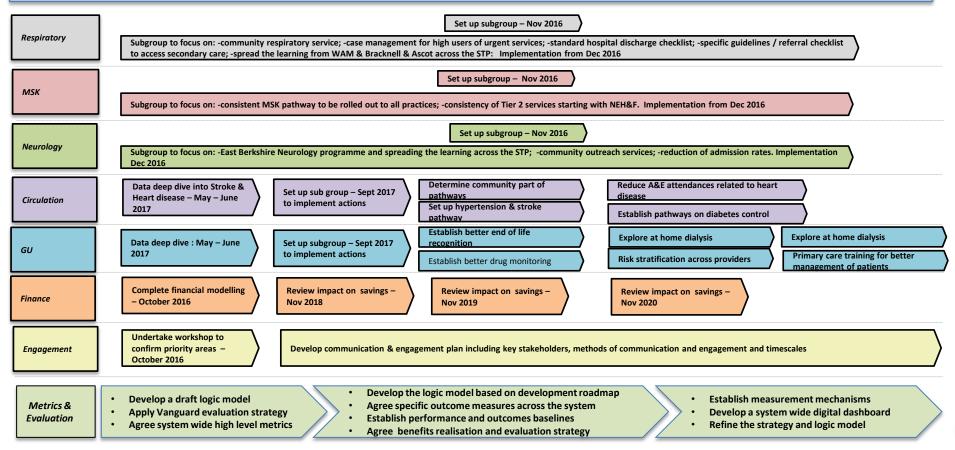
Phase 1:	-Respiratory			
( Oct 2016)	-MSK			
	-Neurology			
to show improvements from April '17				
Phase 2: -Circulation				
(Sept 2017)	-GU			
to show improvements from April '18				

key 07 a0e A30 key

## Reducing clinical variation roadmap – high level integrated view



_	Engagement Events Workstream steering grp setup		Financial Modelling STP Submission		Set up subgroups	Programme Implementation
Programme	Phase 1: Respiratory, MSK, Neurology Implementation from Nov 2016		Phase 2: Circulatio Implementation fr	,	)	Evaluation Process



15

## Implement a **shared care record** that is accessible to professionals across the STP.

Lead Director: Jane Hogg, Integration and Transformation Director, Frimley Health; Project Lead, Sharon Boundy

## **Overall Objectives**

The initial objective of this initiative is the collaborative development of a Shared Care Record with system wide agreement of clinical / care professional and citizen collaborative design, to achieve the following:

- 1. Integrated Care: Better informed decision-making across all health and care settings by allowing information generated in one care setting to be seen and acted upon in another, irrespective of geographical or organisational boundaries
- 2. Self-Care and Prevention through a Patient Portal: Citizen access to self-care and support tools via digital ecosystem
- 3. Urgent and Emergency Care: Having access to timely and relevant information will support care professionals. This information will reduce duplication and support the triage process.
- 4. GP Transformation: Supports with a person having to tell their story only once
- 5. Unwarranted Variation: Optimising the use of medicines, especially where such information is not even available.
- Infrastructure: Information will flow safely and 6. securely across all health and care settings

#### **Deliverables**

- Setup shared care record workstream aligned with LDR 1.
- 2. Achieve system wide agreement on the design framework
- East Berkshire Connected Care Programme Go-Live Ð
- <u>هم</u> Agree phased implementation plan based on local readiness
- ĨĊ, Coordinate detailed process mapping
- Page Develop the clinical and care professional led design
  - Turn the design into a functional shared care record
  - Operationalise the validated shared care record in pilot sites
- N Roll out the phased implementation
- **1**0. Embed new processes and refine the shared care record
- 11. Embed a continuous improvement cycle

Ν	Лil	es	to	ne	S

Phase	Milestone	Start	End
Visioning	Align the Shared Care Record and interoperable programmes to the STP	Aug 16	Oct 16
Planning	Agree principles of a unified system STP / LDR	Sep 16	Nov 16
	Model the financial impact of proposed scope	Oct 16	Oct 16
	Submit the next iteration of the STP		Oct 16
	Set up Shared Care Record work-stream aligned with LDR	Nov 16	Nov 16
	Achieve agreement on the design framework (East Berkshire Connected Care Go-Live in November)	Nov 16	Jan 16
	Agree a phased implementation plan based on readiness	Jan 17	Jan 17
	Develop a detailed iterative planning schedule	Jan 17	Mar 17
Design	Coordinate detailed process mapping	Jan 17	Mar 17
	Develop the detailed design – this design will evolve and refine as the shared care record is implemented in order to continuously develop the solution based on end user feedback	Jan 17	Mar 17
Build	Turn design into a functional shared care record	Mar 17	May 17
Deploy	Operationalise shared care record in pilot sites	May 17	Jun 17
	Roll out phased implementation – phasing will be based on three tiers; organisational and local area readiness, as well as the types of data being made available	June 17	TBC
Stabilise	Embed new processes and refine	June 17	TBC
Stabilise			

Risk	Mitigation	
On-going discussions regarding alignment of interoperable solutions across the system	Managed through the STP LDR board	
	Apply a robust development	
Suppliers not able / willing to	and contract assurance	
deliver requirements	mechanism	

#### Interdependencies

- Local area requirements to work across more than one ٠ interoperable solution
- Formation of one STP LDR ٠
- LDR work-streams ٠
- ٠ Other STP initiatives

#### **Scope and exclusions**

The shared care record is concerned with the development of the clinical and care user interface to present a consolidated view of patient information. The project will be delivered through a phased iterative approach, with the initial phase focussed on gathering, agreeing and implementing the requirements across the system from a clinical and care professional perspective. The interface between these requirements and the essential development of the technical infrastructure will be a key dependency. Future iterations of the project will include a patient portal and integrated care planning as examples

#### **Benefits**

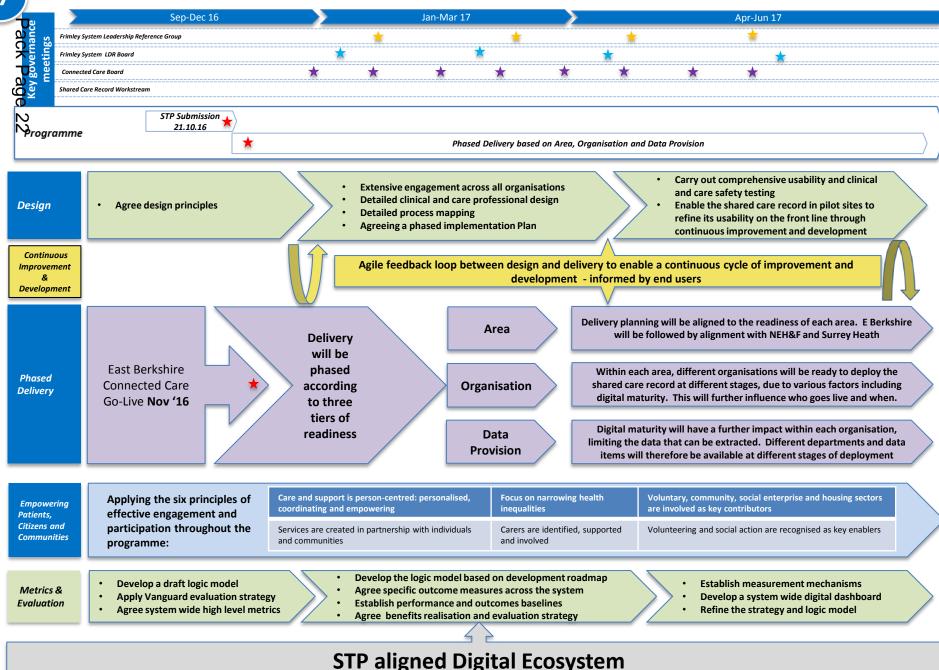
Increased satisfaction (tell story once, increased confidence, personalised care)	Efficiency (e.g. reduction in letters, phone calls & faxes, triage and analyses, reduced referrals assessments and tests)
Improved efficiency (e.g. admissions and re-admissions,	Quality and safety of care (eg patient wishes including EOL, better decision making from seeing medical and social history)
Increased staff satisfaction	Improved safeguarding
Individuals engaged in their care- better management of health	Enhanced use of technology to support people to remain at home

#### **Outcome Measures**

- % of users who report time saved looking for information (75%)
- % reduction in duplicate tests due to information in shared record (40%)
- % staff who report shared record contributes to better clinical outcomes (75%)
- % of staff who report access to shared care record improved patient safety (70%)
- % of staff who report portal has saved time (regardless of task-e.g. could be admin staff or clinical) (80%)
- % of clinicians (across different settings/clinical specialities) who use portal routinely at point of care.

# **Section Two**

## Shared care record roadmap – high level integrated view



## **Transformational Enablers**



## **Population Focus**

Purpose: Becoming a system with a collective focus on the whole population we serve and support throughout their lives – not a system based on sectors, organisations, services or parts of the population.

- We are making good progress in becoming a system with a collective focus addressing the whole population. This has been recognised and welcomed by key stakeholders including Health and Wellbeing Boards and Health Watch
- We are working across physical, psychological and social wellbeing
- By taking this whole population approach we aim to ensure we're working for the benefit of the population and individuals within it rather than on the organisations who are fragmenting care and support by the current delivery mechanisms
- This is increasingly reflected in everything we do and is reinforced by our technology enabler, where the information is wrapped around the individual rather than from an organisational perspective
- We are focusing on those groups who are particularly vulnerable within the population, for example those with severe mental health conditions, learning disabilities or acquired brain injuries, where we know services and their impact needs to be significantly improved.

## **B** Developing Communities

Purpose: Developing communities and social networks so that people have the skills and confidence to take responsibility for their own health and care in their communities.

- All our residents and patients live as part of one or several different communities and we are increasing our understanding and connections with these as we move to delivering our initiatives across our localities
- The support that communities can provide for people and their families is substantial in supporting people in crisis, preventative support and helping people to maintain their independence
- Working with all employers in the system will support them in promoting the health and well-being of their employees and encouraging social responsibility within their communities
- There are a plethora of community, faith and voluntary organisations across the Frimley footprint that are already supporting people and with more co-ordination they could support people in a more structured way
- There will be further opportunities for volunteers to actively participate in the health & wellbeing of their community and we are reviewing the social prescribing scheme already implemented in the Vanguard.
- A priority focus will be supporting people to be more included in their community and therefore reduce the impact of social isolation (at least 12% of older people report being isolated which increases the risk of illness)
- Social networks and friendships not only have an impact on reducing risk of illness they also help people recover when they have become ill
- Councils and CCGs are already funding and supporting community and voluntary groups and the focus of this funding will be reviewed
- There is a need to increase support to carers who fulfil a vital function and promote greater resilience and stability.

These two transformational enablers provide an ethos and approach across all of our work.

٠

## Transformational Enabler: C Workforce

Purpose: Developing the workforce across our system so that it is able to support self care and health promotion and degiver our new models of care, recognising that this transformation will be achieved through development and retention rather than recruitment and be within today's costs.

The Local Workforce Action Board (LWAB) has been formed and has an agenda to deliver a set of overarching priorities and respond to the workforce priorities from each initiative:

## System workforce priorities:

Completing the analysis of the whole system's workforce to achieve collective understanding of hot spots and priorities

Identify the gaps, duplicates and crucial elements to deliver transformational change

Complete a comprehensive diagnostic of staff satisfaction, recruitment, retention and vacancies across the whole system

Designing and developing a system that provides effective leadership, mentorship and support as we move to a greater emphasis and development of our lower band workforce

## Example workforce hotspots:

- 22% of GPs and community nurses are aged 55+ as are 22% of social care workers in local authority and private sector settings
- The number of GPs and community nurses/ 1000 population is lower in our system than the national average and significantly lower in East Berkshire
- Turnover rates vary greatly by sector and profession, with the highest turnover found in the independent home care and care home sector (33% during 2015)

## Seven key initiatives workforce priorities:

deven key minatives workforce promies.				
Prevention and self management	<ul> <li>Developing prevention as a core capability of staff</li> <li>Supporting the workforce to be healthy</li> <li>Learn from the new roles supporting social prescribing in the Vanguard</li> </ul>			
Integrated decision making hubs	<ul> <li>Investing in new roles including care navigators, mental health leads, pharmacists and extensivists.</li> <li>Leadership and team development programmes for MDTs</li> <li>Training in best practice integrated care including case finding and care planning</li> </ul>			
General practice at scale	<ul> <li>Increasing the number of GPs and develop roles to support them</li> <li>Develop skills in primary care through training and continuous professional development</li> <li>Implement new roles, such as mental health therapists and clinical pharmacists</li> <li>Provide career opportunities and planning, including shadowing and portfolio roles</li> </ul>			
Support workforce	<ul> <li>Complete a gap analysis of existing workforce, skills, vacancies and future requirements</li> <li>Establish a rotational apprenticeship scheme across social care, community and acute care</li> <li>Develop career pathways with level 2/3 qualifications leading to professionally based level 5 qualifications</li> </ul>			
Social care support Market.	<ul> <li>Maximise the scope of the existing market</li> <li>Training provider staff to support more complex individuals</li> <li>Ensuring staff have the skills to meet the changing expectations of the community</li> </ul>			
Clinical variation.	<ul> <li>Training non-medical staff to manage conditions as part of implementing new pathways</li> <li>Developing skills in case management for high risk patients</li> <li>Supporting staff to work across organisations</li> </ul>			
Shared care record.	<ul> <li>Ensuring the system has the change management capability and capacity to implement well and make the cultural and process changes to drive through the benefits</li> <li>Support front-line staff to continue to shape design and implementation</li> <li>Delivering effective training to all staff as part of implementation</li> </ul>			

## Transformational Enabler: D Technology - LDR and STP alignment

Purpose: Using technology to enable individuals and our workforce to improve wellbeing, care, outcomes and efficiency.

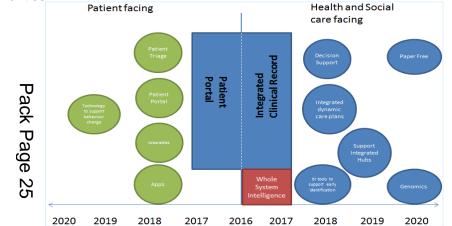
## Local Digital Roadmaps

There are currently three LDR's within the Frimley STP footprint which cross multiple boarders. This introduces significant complexity when trying to provide a consistent and coherent digital approach to support the STP priorities. It is proposed that the Berkshire East LDR is dissolved and a single Frimley LDR is established with North East Hampshire and Farnham and Surrey Heath as partners so that it completely aligns with the STP footprint.

This is a primary objective of the STP/LDR leadership and programme teams, with a first meeting of the Frimley Digital Roadmap Board in November. First steps for this Board will be to align interoperable solutions with the Frimley STP footprint working across borders where possible. In conjunction with the national objective around paper free at the point of care and the associated capabilities, the Frimley LDR will have an overarching vision to deliver three key objectives:

- An information sharing mechanism for health and social care professionals
- A patient facing portal

• Whole system intelligence/Population analytics for new models of care As illustrated below, these are intrinsically linked and will support all the STP priorities.



## **Alignment with STP**

It is recognised that technology has a significant part to play to deliver the whole system transformation agenda. The STP priorities and initiatives are now driving the whole digital strategy. Digital transformation threads through all the STP initiatives and significant opportunities have already been identified that can stretch the digital support offered. One example of this is an opportunity to provide behaviour change through to technology to the STP workforce. Learning from this can then be applied to a larger wellbeing agenda for our patients/residents. Details of the workstreams that have been established to support delivery of the universal capabilities and how these have also been aligned with STP priorities and initiatives are included as an **appendix**. This ensures that our workforce is delivering multiple technology and transformation objectives.

## Delivering technology that will support the STP

Several workstreams have been proposed and some have already been initiated and more information on these are included as an **appendix**. These workstreams will have clear deliverables, mandates from Chief Executives, and accountability. These are important principles as multi-organisational projects are complex and historically have not delivered at the pace that is required to support STP's. There is a commitment from partners to work differently and at scale. This will not only support the STP, but will ensure that the universal capabilities progress, support paper free at point of care and ensure resources are utilised more efficiently. provides an example of how these workstreams are evolving.

## Transformational Enabler: **Developing the estate**

Pack Page 2 Purpose: to deliver an efficient and fit for purpose estate infrastructure across the STP footprint that supports delivery of the seven initiatives and new care models.

## **Priorities:**

တ

- Combining the One Public Estate work across the STP footprint to make optimal use of the estate ٠ and deliver co-location of services that improve integration of care and support and efficiency. Considering local options across the public sector for a shared approach to property maintenance and management.
- Securing a local agreement about the use of benefits from disposals and their support to develop our ٠ new care models
- Achieve a greater collective influence on NHS Property Services to prioritise the estate ٠ improvements required to deliver our STP – many of which are not fit for purpose.
- Address the immediate estate constraints in primary care to ensure it is fit for purpose. This will ٠ include:
  - Refurbishing buildings where they don't meet standards ٠
  - Investing in new accommodation that expands the range of services and delivers new care ٠ models
  - Delivering co-location options ٠
  - Identify locations for and develop integrated care decision making hubs across all localities by the end of 2018
- Deliver significant capital investment and reconfiguration of acute estate to transform elective care at ٠ Heatherwood Hospital and the emergency and maternity departments at Wexham Park Hospital to improve productivity and the quality of care.
- Ensure administrative estate is consolidated to facilitate Carter recommendations. ٠

## Mental health and learning disabilities

The Frimley Health and Care STP places a strong focus on supporting good mental health and physical health and will support the delivery of the Five Year Forward View for Mental Health and out local transforming care plans for people with learning disabilities. The delivery of the STP requires mental health and learning disabilities to be integrated throughout the plan and this has been embedded in each workstream. The following table describes this for each initiative.

	Mental Health Deliverables	
	Prevention & Self Care	Recovery focussed services: using evidence-based interventions to improve health and wellbeing and help people secure employment. Developing perinatal and child and adolescent mental health services in line with national guidance to reduce incidence of ongoing mental health problems. Tackling health inequalities through screening and treatment, eg. smoking cessation support. Expanding the use of online interventions and use of technology to increase access, choice and engagement in lifestyle change. Use of technology to keep people at home, eg. the innovative test bed programme for Dementia patients. Rapid access to support preventing escalation into crisis and avoidable hospital admission (including mental health liaison services and safe havens/crisis cafes).
	GP Transformation	Integration of mental health practitioners in extended primary care teams; including Clinician to clinician video consultation, redesigned mental health practitioner roles, expanding talking therapies for long term condition use, and developing integrated physical mental health and learning disabilities pathways within primary care.
	Social Care Support	Effective support to Care Homes including comprehensive training about dementia for leaders, training of staff and in-reach services to minimise non-elective admissions. Integrated community services to support people in their own homes, including effective support of carers.
Pack Page	Unwarranted Variation	Scale learning and spreading good practice including integrated approaches (Surrey Heath and NEHF Vanguard) and evidence–based interventions representing greatest value (Early Implementer site for Increasing Access to Psychological Therapies). Reduce variation in delayed transfers of care, bed occupancy rates and numbers of out of area placements.
	Integrated Care Decision Making Hubs	Embed mental health practitioners in the integrated decision making hubs to ensure seamless interface between primary care, secondary care and the acute system for people with mental illness. Share learning from integrated physical and mental health approaches in Surrey Heath and NEHF Vanguard.
age 27	Support Workforce	Enabling delivery of safe, sustainable services and achievement of targets to reduce use of agency staff. Embedding psychologically informed approaches to assessment & interventions across the whole health & care workforce. Training in 'Making every Contact Count' and support of Shared Decision Making. Development of new roles to promote wider integration of peer mentors & wellbeing ambassadors. Recruitment & training to promote digital competence, enabling delivery of online and technology enabled interventions.

## Leadership & governance for delivery

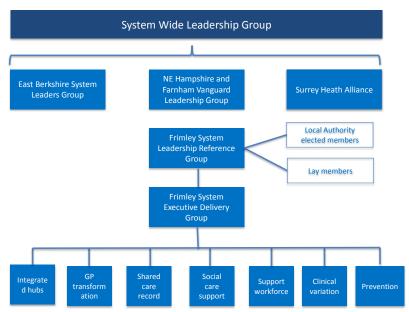
# The Frimley system brings together a group of high performing and

ambitious providers, commissioners and systems. The leadership and governance arrangements that we put in place to deliver our

Plan have been successful. We have reviewed these to ensure that
 they are now focused on successful delivery and have added a new Executive Delivery Group that will provide programme management and support.

There has been some discussion and exploration across the vanguard and Surrey Heath alliance to identify ways of moving towards an **Accountable Care Organisation** governance structure which may be suitable to roll out across the STP in future years.

Initial discussions have taken place at System Leaders Reference Group about **System Control Totals** and agreement was reached to operate in shadow form across the STP for 17/18. Principles governing this are being developed for consideration. Where possible learning will be considered from national and regional examples where systems are ahead of ours.



## Our governance structure

The bedrock of effective leadership and engagement across our footprint is the **3 established system leadership** groups:

- East Berkshire System Leadership Group
- North East Hampshire and Farnham Vanguard Leadership Group
- Surrey Heath Alliance

The **Frimley System-Wide Leadership Group** brings together all of the members from these three groups (50 people) to support collaborative leadership development and cross-system support and relationship building.

## The Frimley System Leadership Reference Group

This group, chaired by Sir Andrew Morris, works on behalf of the three established system leadership groups to steer and lead delivery of the STP plan. It brings together the CCG Chief Officers and leadership representatives for the public, local authorities and clinicians.

## Frimley System Executive Delivery Group

Comprised of Executive Directors representing the localities and sectors that form the STP. Provides programme management and support to the workstreams and reports to the Leadership Reference Group.

## **Initiative Delivery Groups**

Will be established both from existing delivery groups within the STP areas and newly formed as appropriate, reporting into the Executive Delivery Group.

## Wider stakeholders

Wider scale engagement has taken place with groups such Healthwatch, PPI groups and voluntary sector organisations. An Elected members and a Lay members group has been established with the support of the Local Authority as well as an advisory group for mental health.

## **Finance & efficiency – case for change**

ection

Six

## Where we are now

A whole system activity and financial model has been developed for all publically funded health and social care across our system. The model shows the size of the financial challenge for our system and the potential impact of introducing new models of care and efficiencies. This has been used to populate the national financial templates.

A 'do nothing' base case has been calculated showing the impact of demographic change, inflation and other growth factors including investments required to meet the priorities outlined in the Five Year Forward View such as delivering seven day a week services, improving mental health and enhancing general practice access.

The 'do nothing' base case split by sector is:

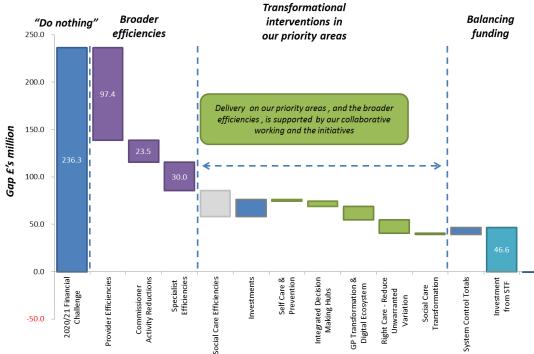
Frimley STP 'do nothing' gap	2020/21	
NHS Commissioners		£100m
Local NHS Providers		£87m
Local Authorities		£49m
Total		£236m

In addition to being unaffordable, the implied demand would require an increase in acute bed capacity of about 10%.

## Bridging the gap in 2020/21

Recognising that the system will need to make broader efficiencies a second scenario has been modelled taking the gap of £236m and reduing demand by 1% and delivering 3% health provider savings each year plus social care efficiencies. This scenario incorporates the medium terrefeficiency assumptions arising from the acquisition of Heatherwood & Wexham Park Hospital by Frimley Park in 2014. It also assumes that Specialist Commissioners are able to deliver their planned savings. If this can be achieved it would reduce the gap to £85m, which would need to be met by a combination of transformational savings and an additional allocation from the national Sustainability and Transformation Fund (STF).

Although the broader efficiencies are largely commensurate with previous levels of delivery the challenge in delivering a further £151m of savings (64% of the gap) mustn't be underestimated. It will require applying Right Care principles to all our activities, and new ways of system-wide working to ensure overall costs are genuinely reduced, rather than just moved between organisations. Without our transformational interventions, these broader efficiencies will not be achieved.



## Finance & efficiency – modelling assumptions (1)



## ව <u>ව</u> Organisational control totals

At beginning of October NHS providers and CCGs were issued with 'control totals' for 2017/18 and 2018/19. These are effectively the surpluses they are required to achieve. The CCGs in the Frimley Health & Care STP are able to 'drawdown' from surpluses accumulated in previous years by c£1m pa, but for the next two years providers are required to make in-year surpluses of £24m. (For Frimley Health FT this is roughly 3.5% of turnover). We have included these requirements in our plans. For the last two years of the plan we have assumed lower provider surpluses of 1%.

## **Activity assumptions**

We have modelled the impact of existing commissioner activity reduction plans and our system wide solutions on the underlying trajectory for acute hospital activity. The 'do nothing' position reflects impact of the underlying population growth in our area, coupled with the rising demand of an aging population. We believe our solutions will both mitigate the rate of growth (through for example improved self care) and increase hospital efficiency so more patients can be seen within the same resources (through better pathway management and greater use of technology). We are therefore not planning for a significant change in the total acute bed stock

	2016/17	2020/21 'Do nothing'	Increase from 2016/17 %	2020/21 'Do something'	Increase from 2016/17 %
Outpatient Attendances	1,074,708	1,257,255	17.0%	1,100,176	2.4%
Elective Spells	132,176	144,338	9.2%	135,511	2.5%
Non-Elective Spells	134,685	147,366	9.4%	139,461	3.5%
A&E Attendances	462,566	507,604	9.7%	478,968	3.5%

## Social care assumptions

Our vision is for a financially sustainable health and social care system, therefore understanding the growing pressures on social care and the interrelationship with heath has been central to many of our solutions. For financial modelling we have taken a consistent approach across the three Unitary Authorities and two County Councils in our area, modelling adult social care, children's social care and public health costs. By 2020/21 we estimate a pressure on these services of c£22m (after taking account of solutions and precept changes). This is broadly matched by the remaining health surplus (having already delivered the assumed control total requirements

## **Capital investment plans**

Significant capital investments are planned for Heatherwood Hospital (a full redevelopment to provide a state-of-the-art elective care centre) and Wexham Park Hospital (new emergency and maternity departments). These are all already provided for in Department of Health capital plans. CCGs are also bidding for capital funding to support primary care redesign, and as a system we are also asking for additional investment to develop our 'digital ecosystem'.

	2017/18 £m	2018/19 £m	2019/20 £m	2020/21 £m	Total £m
Approved schemes and primary care bids	71.5	57.6	21.5	12.5	163.1
Backlog maintenance	36.9	22.8	12.0	9.3	81.0
Sub Total	108.4	80.4	33.6	21.7	244.1
Total New Capital Expenditure Required To Implement Solutions	19.9	12.8	3.3	5.8	41.7
Total Capital Expenditure	128.3	93.2	36.8	27.5	285.8
of which is currently committed in DH plans	79.2	58.4	0.0	0.0	137.6

## Finance & efficiency – modelling assumptions (2)



## **Specialist commissioning**

Our detailed financial template incorporates expenditure estimates calculated by NHS England specialist commissioning teams. There is a key assumption that these costs can be contained with their published funding allocations. Although these rise by 16% between 2016/17 and 2020/21, in the underlying 'do nothing' position costs rise faster for specialist commissioning than for normal acute activity (by 34% compared to 17%) and therefore solutions which will save £30m are being identified by specialist commissioning colleagues.

For our STP modelling we have assumed that these solutions will deliver and will not have a detrimental impact on our local NHS providers (the majority of this activity is undertaken elsewhere in the country) and if there are definitional changes in what 'counts' as specialist commissioning, they will be fully matched by funding allocation changes

## **Commissioner funding allocations**

Throughout our modelling we have used the allocations for the CCG, primary care and specialist sectors published in January 2016, and have adjusted for any subsequently agreed recurrent allocation changes.

## **Excluded** items

It should be noted that costs and matching funding for the NE Hampshire and Parnham PACs Vanguard programme has not been included in 2017/18 (c£5m). Also excluded is the recently approved Talking Therapies expansion for Berkshire East.

age 31

## **Primary care assumptions**

The financial plan incorporates all primary care (GP) funding, irrespective of whether these budgets are fully delegated to CCG yet. Primary care allocations are due to rise by 16% by 2020/21 whereas core CCG allocations only increase by 12%. This reflects some of the commitments made in NHS England's GP Five Year Forward View document to improve investments in primary care. In addition our solutions invest a further £8.5m in GP transformation over the period. Total primary care expenditure (excluding prescribing) is forecast to rise from £111m in 2016/17 to £136m, over 21%, a larger increase than either the acute or mental health sectors.

## Funding support for Frimley acquisition

When Frimley Health FT acquired Heatherwood and Wexham Park Hospitals in 2014 a package of financial support was agreed between the Department of Health, NHS England and local commissioners. In terms of the STP submission our plan matches income to cost for the transaction money and integration so there is no net impact on the bottom line, and the deficit support is included in the overall Trust income assumption

	2017/18	2018/19	2019/20	2020/21
	£m	£m	£m	£m
Deficit Support (DH)	16.6	13.8		
Public Dividiend Capital (DH)			11.7	
Capital Expenditure Support (DH)	37.7	11.9		
Transaction Support (DH)	4.4	4.3	2.7	
Integration Support (CCG & NHSE)	1.7	1.5	1.2	
Total	60.4	31.5	15.6	0.0

Note: table based on original agreement, some rephasing has occurred

## **Finance & efficiency – solutions**

ection

Six

# Financial impact of solutions

Each of the initiatives described in Section Two has been supported by a project accountant who has undertaken the financial evaluation of the costs and benefits. The outputs from the individual workstreams have also be reviewed to ensure savings are not double-counted.

Overall savings are forecast to exceed £65m over the next four years. As shown in the table below, we have chosen to group the majority of savings against five initiatives, with the remaining two (the support workforce and implementing a shared care record) as 'enablers' rather than undertaking a further somewhat artificial apportionment of savings across more categories. But these areas or no less important. In addition, many of the initiatives also underpin the continued delivery of provider Cost Improvement Programmes (CIPs) at c3% pa. For example the Support Workforce programme which aims to improve recruitment and retention and to develop a rotational apprentice scheme, aims to deliver a net benefit of £2.2m over the next four years, but there savings are contained within provider CIPs. Our costings include £500k for programme management to support implementation of the seven initiatives.

## The digital ecosystem

Our Local Digital Roadmap (LDR) describes our ambition to develop a digital ecosystem across health and social care, and further details are contained in the appendix. We have undertaken a comprehensive review of investment requirements across Frimley Health FT, Berkshire Healthcare FT, Primary Care and the local authorities in East Berkshire. Over the period to 2020/21 the system is already planning to invest £30m of capital and £8m of revenue on this agenda, however to make the Frimley Health and Care System a truly digitally enabled economy, there is a need to invest a further £33m of capital and revenue as shown below.

	Total Bid				
	Capital £k	Revenue £k	Estimated ROI £k		
Information sharing	7,209	5,911	14,751		
Patient facing technology	4,458	7,259	18,115		
Paper free at point of care	4,964	3,395	8,472		
Total	16,631	16,565	41,338		

	2017/18 £m	2018/19 £m	2019/20 £m	2020/21 £m	Total £m
Self Care & Prevention	1.1	1.1	1.2	1.4	4.8
Integrated Decision Making Hubs	0.7	2.3	3.9	5.5	12.4
General Practice transformation	(1.6)	0.1	2.5	6.2	7.1
Right Care - Reduce Unwarranted Variation	4.3	6.3	11.8	14.1	36.5
Social Care Transformation	0.9	1.3	1.1	1.1	4.5
Total	5.4	11.2	20.5	28.4	65.4

## **Mental Health investments**

The other main area of investment, in line with the Five Year Forward View, is mental health, with budgets forecast to increase by over £5m (in addition to normal baseline growth)

2017/18	2018/19	2019/20	2020/21
£k	£k	£k	£k
2,727	3,055	4,254	5,437

## Finance & efficiency – overall impact of our plans



ection

### **Sustainability and Transformation Fund**

A national Sustainability and Transformation Fund (STF) is held by NHS England to support local health economies. The amount in this fund increases each year, and rises to £3.8bn nationally by 2020/21. We were notified in June that for 2020/21 our share of this Fund is £47m, and we have incorporated this in our modelling.

At the beginning of October local NHS providers were allocated a share of the Fund to support their financial positions – approximately £22m for both of the next two years. A further £4m has been requested to support the position of Frimley Health for the next two years.

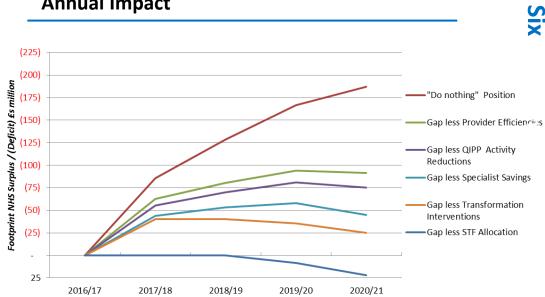
We also know that an additional f1.1bn is available for 'transformation' in these years. A pro-rata share of this for use would be £13.5m, which would help support funding of the solutions we have described in our STP, including the 'double-running' costs. But to continue at pace, deliver financial balance, and realise the benefits for our local population we need more than this. We are therefore requesting a further £2.5m each year. Therefore the additional ask over announced funding is £20m (£4m  $+ \pm 13.5m + \pm 2.5m$ )

### Balancing each year of the plan

The graph shows the financial gap for the health system if we 'do nothing', with the cumulative impact of or savings, efficiencies and solutions.

The table to the right gives a high level view of progress towards achieving finardial balance across the Frimley Health and Care System.

ack Page ယ္လ



	2017/18	2018/19	2019/20	2020/21
	£m	£m	£m	£m
Do nothing Health Gap	-85.6	-128.4	-166.6	-187.1
Provider CIPS	24.5	49.6	74.0	97.4
Commissioning QIPPS	9.8	14.4	18.8	23.5
Specialist solutions	11.4	16.9	23.0	30.0
Transformational solutions (net)	-0.3	4.7	12.2	18.4
Control Totals	-23.2	-23.2	-7.2	-7.4
Other	22.0	24.2	16.1	0.0
Agreed STF funding	21.3	21.8		47.0
Requested STF funding	20.0	20.0	38.0	
Health Position	0.0	0.0	8.2	21.8
Remaining Social Care Gap	-8.3	-11.9	-13.7	-21.9
System Position	-8.3	-11.9	-5.6	-0.1

### **Annual Impact**

## Finance & efficiency – summary to 2020/21

	2015/16	2016/17	2017/18	2018/19	2019/20	2020/21	Increase from 2016/17
	£m	£m	£m	£m	£m	£m	%
Secondary Care							
- Acute	485	499	502	510	515	523	5.0%
- Mental Health	71	75	81	83	86	89	18.9%
- Community	58	56	62	62	64	67	20.5%
Continuing Care	63	67	71	76	81	87	31.3%
GP Prescribing	94	94	97	101	105	110	17.0%
Primary Care	104	112	120	124	129	136	21.4%
Running Costs	16	16	16	16	17	17	4.3%
Other CCG	15	16	34	36	36	37	138.3%
Specialist	170	180	182	190	199	209	16.4%
Social Care & Public Health	256	272	277	282	285	295	8.4%
Total	1,332	1,385	1,440	1,481	1,516	1,571	13.4%

### **Key financial messages**

Pack Page 34

- Our current ways of working are not sufficient to bridge the financial gap, and our broader efficiencies leave a £85m gap.
- The increases in CCG funding only cover the costs of inflation, not the demographic impacts so effectively we have to "meet tomorrow's demand with today's funding"
- Commissioners and providers planning collaboratively will bring the system into balance, and will avoid the unintended consequences of traditional planning and contracting arrangements (for example stranded costs).
- We are not planning for any significant change in physical acute capacity (beds) but existing capacity needs to be redesigned to be used much more productively.
- There is alignment between providers and commissioners on the size of the challenge.
- We have a plan which meets the published control totals for NHS Trusts and CCGs for 2017/18 and 2018/19, and delivers financial balance across the health and social care economy by 2020/21
- To deliver this we need additional Transformation Funding of £20m in 2017/18 and 2018/19

# **Communications and engagement**

Purpose: To support the launch and the delivery of the STP by combining and coordinating the tried and tested communication and engagement channels right across our system. We will continue to build on the successful engagement with and involvement of our workforce, lay members, elected members, PPI/PPE leads and Healthwatch and wider engagement with the voluntary sector and public. We believe that better decisions are made when the public and professionals work together.

### **Priorities:**

- The STP Communications and Engagement Group is well established and has completed the groundwork of mapping the existing engagement activity and channels across the system, developing standard messages, templates and engagement logs.
- Our plan doesn't include any issues that require public consultation so we are aiming for an early publication and launch. We are completing plans for this which will include a series of launch events with a clear description of what our STP offers the public. Case studies are being developed to support communication, including learning from NHS England on key messages.
- We want to continue to learn from and adopt best practice in engagement and co-production developed by the Vanguard, the Surrey Health Alliance programme and the New Vision of Care initiative. All of these have benefited from working closely across health and local authorities and building on the expertise that exists within our local authority partners.
- Our priorities and initiatives reflect the priorities we have heard from our residents and patients through those programmes and we hope to drive change through the local parts of the system through schemes they already recognise and have helped to shape.
- Our plans include extending the Community Ambassadors programme, which has 80 active volunteers involved in change programmes, supported by a dedicated post with the voluntary sector, induction and training programmes. The Patient Involvement Assessment Framework and KPIs for engagement will also help support delivery of the STP.

he Communications and Engagement Action Plan and STP Engagement Plan are included as appendices.

- Appendices 1 Public facing narrative draft
- 2. Communication and engagement action plan
- 3. STP engagement plan
- 4. STP/LDR workstreams
- 5. STP technology investment case
- 6. STP general practice at scale investment case
- 7. Project brief example Integrated care decision making hubs (separate document)

# **Appendix 1: Public facing narrative**



### Frimley health and care system

- The Frimley health and social care system is performing well and most towns satisfaction with GP services is among the highest in • England. However, Frimley want to do more.
- Over the next four years, Frimley will invest £69 million in frontline NHS and care services to improve wait times, treatment and home care for local people.
- An extra £7 million every year will mean people can get a GP appointment from 8am to 8pm Monday to Friday, that's 420,000 more GP appointments across Frimley.
- At weekends, specialist and family doctors, community nurses, occupational therapists, physiotherapists, social workers, psychiatric nurses, psychiatrists and pharmacists will offer treatment at the 14 new 'health hubs' likely based in Farnham, Fleet, Farnborough, Aldershot, Yateley, Surrey Heath, Bracknell and Ascot, the Royal Borough of Windsor and Maidenhead, and Slough.
- An additional £11 million for mental health services means patients who need specialist care will no longer have to travel out of the area. •
- This extra investment will also fund more community mental health nurses, seven days a week so people can get the right support when ٠ they need it.
- A new multi-million pound radiotherapy centre built on the Wexham Park Hospital site will reduce travel times for local cancer patients.
- Frimley will invest in its frontline staff, GPs will more time to see patients and increase the number of community nurses and pharmacists.
- By putting £30 million into technology, patients will only have to share their medical history, allergies and medication details once, regardless of whether they are in A&E or GP surgery.
- Patients will be able to access their medical record online, and for those with diabetes, heart or breathing problems, technology can ٠ monitor things like blood pressure remotely, alerting the doctor to any problems.
- Working with people to tackle preventable ill-health, including help for 18, 000 people to prevent diabetes, reduce alcohol related deaths ٠ by 20 per cent, and reducing surgical infections by 150 a year by encouraging people to give up smoking for three weeks before their
- Pack operation.
- Across the area, £130 million will be invested to bring the NHS up-to-date, including replacing the old Heatherwood Hospital in Ascot with a purpose built new hospital for operations such as hip and knee replacement, upgrading the Emergency Department and maternity unit at Page•37 Wexham Park Hospital.
  - And for GPs, millions of pound of investment for new GP hubs and upgrading GP surgeries across all areas.

## Appendix 2. Communications and engagement action plan

Pack Page 38

The development of the Frimley Health & Care STP is supported by tried and tested co production and engagement channels used to support transformation with the public, voluntary sector, faith groups, and users of our services. We have liaised with our lay members, local authority elected members, PPI/PPE leads as well as local Healthwatch representatives and are planning a wider stakeholder engagement workshop to capture the local voluntary sector organisations. The STP has an established group who's aim is to coordinate the communications providing a consistent approach across the wider STP footprint.

AIM	ACTION	IS	Lead	Completion date	RAG
Develop and implement a communications and engagement event with all the leads from each of our stakeholders to identify how to develop communications & engagement for the		Developed Communications network & planned	TW & SW	Last mtg 22/09/16	
STP across the system	Ø	Develop broader communications network across partner organisations in the STP	TW. Ac & SW	Held 6/10/16	
Develop list of communications and engagement leads for	Ø	List agreed but following event on 6/10 further amendments made	GR	22/09/16	
Frimley Health and Social Care STP	Ċ	List being reviewed and asking for formal sign up from organisations	TW/SW	21/10/16	
Communications across the system - We will reinforce the connections and ensure consistent messages which will provide clarity for staff, patients and the public.		TW agreed to send progress updates to Network	TW	04/10/16	
	Ø	Communication briefings developed to be shared across the system - We will target messages at a local level through the relevant organisation & jointly develop key messages that can be used in all settings to describe and explain the purpose and vision of our STP	SW	20/10/16	
Develop network meeting and governance structure	Ø	Meetings now planned monthly and agendas, action log and future actions all noted	ALL		
Map engagement activity across the footprint to support the delivery plan, making clear linkages between STP and local activity. We will build on successful and productive engagement already carried out and will learn from, share and replicate best practice.	Ð	Template for collating information designed and distributed. Needs to be ready to help support our messaging and priorities prior to launch	SW/ALL	8/11/16	
Develop comms and engagement plan for sharing our draft ambitions through a pro-active public launch that tells the story in simple, clear language, using local examples of where changes have or are already taking place to build confidence in the proposed changes and demonstrate the real, local benefits for patients and staff.	C C C	Developing ideas for a video message that can be shared widely Planning a launch event/series of events to launch the STP Briefings as above	ALL	Dec	



As part of the STP planning process we have strived to involve clinicians across all the initiatives but there is still more to be done. As we enter the delivery phase our staff, stakeholders and local communities will be key to its success and ongoing dialogue is essential.

Stakeholders	Staff & Clinicians	Patient / Public/ Voluntary
System Wide Leadership Group – April, June, Nov 2016	Surrey Heath Alliance	Healthwatch briefings June/ Sept
System Leadership Reference Group - Fortnightly	East Berkshire System Leaders Group	PPI/PPE/Healthwatch meeting Oct 16
Frimley System Directors group – Weekly/ Fortnightly	NE H& F Vanguard Leadership Group	Wider Stakeholder event - Nov
Wellbeing Boards – ongoing Overview & Scrutiny committees – ongoing Lay members of Governing bodies Aug/ Sept	Priority Setting Workshops – May/ June Away days x 2 with FHFT wider leadership team GP Federations LMC reps	Local patient and public engagement events
LA Authority Elected Members Reference Group - June/ Sept	Integrated Care Decision making hubs - Sept	AGMs
Thames Valley Senate - July	GP Transformation workshop - Sept	Annual members meeting for Frimley
TV Urgent & Emergency Care - July	Unwarranted Variation meetings & workshop – Sept/Oct	
Roy <b>ati</b> Berkshire Fire & Rescue Service Aug/ Oct ດ ດ	Mental Health Workshop – June/ Nov	
LWAB-Oct	Frimley Staff Council	
STRowide Communications event - Oct	AGM Annual members meeting for Frimley	
STP progress updates	STP Progress Updates	STP Progress Updates



STP/LDR Workstream Alignment

Frimley Health/Slough, Windsor, Ascot & Maidenhead; Bracknell & Ascot; Surrey Heath and North-East Hampshire and Farnham CCGs

## **STP Priority 1**

Making a substantial step change to improve wellbeing, increase prevention, self-care and early detection.



Our aim is to change the focus from managing ill health towards one of prevention, early detection and self care. Overall the health of our population is good so our aim will be to focus on closing the health and wellbeing gap in our communities with poorer health outcomes. We will give greater support for individuals to take responsibility for their own health and care. We want staff in every part of our system to promote healthy messages to our population as part of the care we deliver every day.

	want Stan in	y uay.					
				 			Кеу
							Vanguard Delivery Group
LDR Workstreams							New Vision of Care
	Patient Facing					Whole Systems	Better Care Fund
Record Sharing Workstream	Technology	ology Workstream Workstream	Children's Sharing Workstream	Care Planning Workstream	Infrastructure Workstream	Intelligence	Frimley LDR Progr Board
	Workstream					Workstream	BE IM&T Committee



#### STP/LDR Workstream Alignment

Frimley Health/Slough, Windsor, Ascot & Maidenhead; Bracknell & Ascot; Surrey Heath and North-East Hampshire and Farnham CCGs

ST	P Priority 2	Action to improve lo	ong term condition ou		reater self managemei ngle long term conditi	nt & proactive manageme ons.	ent across all providers	s for	
	Initiatives	Prevention and Self Care	General Practice Transformation	Social Care Supp	Support Workf	orce Shared Care Reco	rd Integrated Decisi	ons	Outcomes/Benefits
	Record, Assessments & Plans	Care Planning Workstream				Record Sharing Workstream		•	Many more people understand and take control of the management of their long term condition
	Transfers of Care							•	Effective best practice pathways will be in place across our system, supported where necessary by the combined expertise of the appropriate health and care professionals
ities	Orders & Results Management							•	There will be fewer people in our system with multiple long term conditions and co-morbidity
Capabilities	Medicines management & Optimisation							•	Carers will be supported to enable the person they are caring for to manage their condition and to reduce the emotional stress of being a carer
LDR (	Decision Support							•	People with long term conditions will report that they have improved health, more confidence, increased wellbeing and that they feel supported
	Remote & Assistive Technology	Patient Facing Technology						•	There will be fewer crises and a reduced use of urgent and emergency services
	Asset & Resource Optimisation	Workstream	Whole Systems Intelligence Workstream					·	We will achieve greater integration in the care provided by all of the sectors in our system with reduced duplication, including integrating physical and mental health.
		management of LT outcomes for peop	Cs before they get to le with these condition	o a stage where th ons and to avoid or	ey are complex and delay them acquirin	ve more than two. Our a multiple. We want to imp g more. We know that th v and acquired brain inju	brove the care and here is a particular network.	eed	
									Кеу
LDR W	/orkstreams								Vanguard Delivery Group New Vision of Care Better Care Fund
Rec	ord Sharing Patie	ent Facing Refer	rals/Discharge Chi	Idren's Sharing	E-prescribing	Care Planning	Infrastructure	Whole Sy	ystems and a sector care rund

Workstream

Workstream

Technology

Workstream

ge Children's Sharin Workstream E-prescribing Workstream Care Planning Workstream Infrastructure Who Workstream Wo

Whole Systems Intelligence Workstream

Frimley LDR Prog'me Board BE IM&T Committee



STP/LDR Workstream Alignment

Frimley Health/Slough, Windsor, Ascot & Maidenhead; Bracknell & Ascot; Surrey Heath and North-East Hampshire and Farnham CCGs



Children's Sharing Workstream Workstream

ping Care Planning eam Workstream Infrastructure Workstream

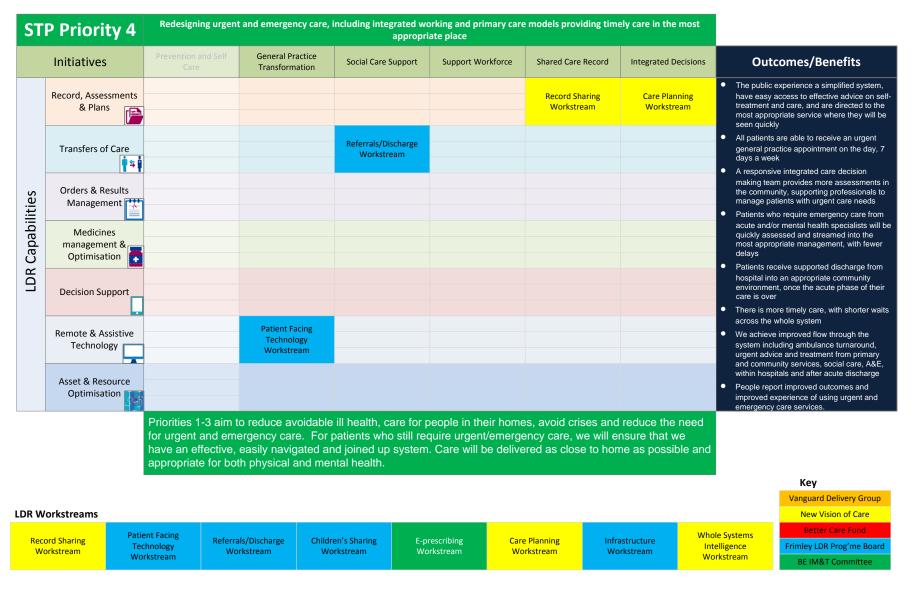
Whole Systems Intelligence Workstream

Frimley LDR Prog'me Board BE IM&T Committee



#### STP/LDR Workstream Alignment

Frimley Health/Slough, Windsor, Ascot & Maidenhead; Bracknell & Ascot; Surrey Heath and North-East Hampshire and Farnham CCGs





STP/LDR Workstream Alignment

Frimley Health/Slough, Windsor, Ascot & Maidenhead; Bracknell & Ascot; Surrey Heath and North-East Hampshire and Farnham CCGs

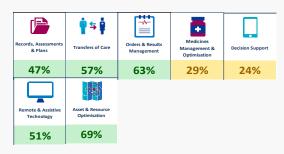
ST	P Priority 5	Reducing v	ariation and health		thways to improve out ion, supported by evide	comes and maximise val ence.	lue for citizens across	s the	
	Initiatives	Prevention and S Care	Gelf General Pra Transforma	Social Care	Support Support Wo	orkforce Shared Care F	Record Integrated	Decisions	utcomes/Benefits
	Record, Assessment: & Plans					Record Sha Workstree	<u> </u>	areas	ction in variation across five : circulation, neurology, GU,
	Transfers of Care	į						of the • Appro- and r	& respiratory to realise 65% target savings opriate repatriation of physical nental health work currently
ilities	Orders & Results Management							• A der	o specialist centres across ountry nonstrated improvement in
R Capabilities	Medicines management & Optimisation	5						option share • Clinic	ay we give choice and hs to people to enable a d decision making process ians have a clear discussion
LDR	Decision Support							bene ● Impro	ndividuals about the risks and its of specific interventions. wed outcomes for patients s physical & mental health
	Remote & Assistive Technology							throu ● Redu	ger patient involvement gh shared decision-making ced clinical variation
	Asset & Resource Optimisation	Whole System Intelligence Workstream	Intelligen Workstrea	am				cluste	nmarked against national and er data.
		<ul> <li>develop a culture in variation. We</li> <li>Ensure patien benefits of int</li> <li>Ensure patien</li> </ul>	of value & population will achieve this by w hts are able to make i erventions hts access both prima	n-based decision makin orking in the following of informed decisions about ary and secondary care	ng involving clinicians ac way: out their treatment, and e e, across physical & men	on for our patients across cross primary and seconda encourage aligned convers tal health, as a seamless	ary care to deliver the sations about the risks single clinical system	reduction	
LDR W	/orkstreams	<ul> <li>Beginning a c potential impa</li> </ul>	conversation with the act of this upon local	e local population and s services	stakeholder groups abou	y, secondary, physical, m t the need for evidence ba and benefits of specific in	ased medicine, and th	e	Key Vanguard Delivery Group New Vision of Care Better Care Fund
	ord Sharing	tient Facing Technology /orkstream	teferrals/Discharge Workstream	Children's Sharing Workstream	E-prescribing Workstream	Care Planning Workstream	Infrastructure Workstream	Whole Systems Intelligence Workstream	Frimley LDR Prog'me Board BE IM&T Committee

## **Appendix 5: STP Technology investment case**



#### LDR- Current State

- Through the LDR process, it is now known that there are gaps in technology maturity that need to be closed in order to best support the STP.
- Nationally there are seven capabilities that need to be at levels close to 100% in order to deliver the national target of paper free at point of care. At a system level we are at:



In addition, there are 10 Universal capabilities that need to be progressed, and organisational priorities that need to be supported by technology.

#### **Local Context**

- In addition to the national priorities outlined above, there are local challenges and opportunities that need to be progressed in order to support the STP priorities.
- A substantial opportunity exists around information sharing projects that are underway across the STP footprint. All health and social care organisations are engaged in complex information sharing projects requiring strong cross organisational boards. In short, partners are used to working at a system level on complex IT projects. Consequently, Frimley STP is well placed for receiving funding to support these and other initiatives as the existing structure supports rapid mobilisation.
- A cere challenge is ensuring all organisations are at the same level of digital maturity, in order that that whole system projects can fully deliver. Frindey Health has distinct challenges as they continue the work to membe legacy IT systems across three hospitals., following acquisition. This needs to progress at pace to ensure organisational benefits already identified. Without progress, the broader system benefits will not be achevable. Digital has been identified as a key enabler for all the STP priorities and will affect the realisation of the objectives listed.

#### **Options**

#### **No Funding Provision**

- This option is to continue funding the digital transformation agenda using existing finite funding streams.
- We are proposing that this is not a viable option in light of the national requirements around paper free at point of care, the wider digital agenda across health and social care and the emphasis on information sharing to improve patient care. Significant progress has been made on information sharing across the system, but this has been at the detriment of other initiatives to drive digital innovation.

#### Progress with limited national funding

- Partial funding of the overall request will enable the system to focus on gaps in digital maturity to eventually enable some aspects of the transformation required to support the STP.
- Priority will need to be given to the core building blocks in each organisation to ensure that investment in cross organisation projects will deliver the associated system benefits, but this approach risks enforcing silo working and fragmented progress towards interoperability and digitisation, ultimately impacting on the quality of care.

#### Progress with requested funding

- With the full amount of funding being requested, partners have an opportunity to develop internal systems to progress their digital maturity to ensure a solid equitable foundation.
- There will also be an opportunity to progress the significant transformational projects which will fully support the STP priorities. These include patient portals, remote and assistive technology and whole system intelligence.

ROI

- The technology initiatives can be broken down into three categories-Information sharing, patient facing technology and paper free at point of care.
- Projects are a mix of organisational specific and cross system

#### **Information Sharing**

- Medicines optimisations- reduction in adverse drug reactions, waste, corrective treatment, misappropriation
- Reduction in attendances/admissions/re-admissions/delayed discharges/ambulance conveyances
- Reduction in length of stay in high cost beds
- Eliminate costs associated with maintaining legacy systems
- Eliminate paper by using electronic- systems for communication
- Reduce adverse events- through e-alerts- e.g. MRSA prevention, electronic observations.
- Staff reductions fewer administrative requirements/agency staff

#### Paper free at point of care

- Improved quality of care through decision support systems
- Enabling timely clinical decision making
- Reduction in duplicate/unnecessary tests
- Time saving/increased staff productivity/efficiency
- Reduction in adverse events
- Medicines optimisation

#### **Patient facing Technology**

- · Reduction in attendances at A&E, GP, & walk-in centre
- Ability to monitor multi co-morbidity patients from home, reducing returns to A&E
- Increased capacity in primary care- redirect patients to self care and alternative services e.g. pharmacy
- Remote triage higher number of patients
- Reduction in elective/outpatients
- Improve quality of care and outcomes through more consistent monitoring, improvement in long-term health and population outcomes and supports prevention agenda.

# Appendix 5: STP Technology – benefits breakdown



ack

Page

┢

#### Information sharing

Locally mormation sharing has been identified as key priority. Predating LDR and STP, North East Hants and Farnham participated in the Hampshire Health Record, East Berkshire in Connected Care and Surrey Heath in the Surrey Interoperability programme. Moving forward, we are working towards alignment of these programmes within the STP footprint which is being supported with information sharing identified a key deliverable of the STP and LDR process.

The importance of this is reflected in the request for £13m across the health and social care system to support information sharing projects, including: Shared Care Record, referral management and e-prescribing.

Substantial benefits have been identified to support the investment. These include:

- The improved ability for decision making (staff and patients). Across the system this will result in substantial quantitative savings and qualitative improvements.
- Using data to support health and wellbeing and the better management of conditions to enable individuals to remain as independent as possible for as long as possible and support full recovery following physical and or mental illness regardless of social situation. Projects that support this have identified significant savings including a reduction in admissions, readmissions, delayed discharges, and length of stay.
- Enables better coordination of care ensuring that potential avoidable crisis are averted. These projects will lead to reduction in admissions/re-admissions and outpatient appointments
- Supports integrated team working by enabling the development of integrated care plans for individuals being managed by integrated teams. This supports better care management which will lead to a reduction in admissions and improvements in health outcomes.
- Supports prospective care planning
- Reduction in time looking for information= leading to an increase in clinical efficiency/productivity
- Reduces adverse events and improves clinical safety
- Supports transfers of care, delayed discharges as next of kin and care information (including care plans) will be available to care professionals resulting in a reduction in length of stay or transfers to care homes

#### Patient Facing Technology

Patient facing technology has the potential to provide the greatest financial saving across health and social care. Substantial transformation behavioural change (staff and patients) will need to take place, but supporting individuals take greater control of their care at a whole system level has enormous potential to reduce pressure across the STP footprint.

Proposed projects to fully exploit the potential of patient facing technology across the STP include a patient portal, telehealth solutions including care companion, self care signposting, read/write access to patient record and appointment reminder technology.

Although evidence is not as strong for financial savings with patient facing technology, there is a drive to deliver whole system change involving patients.

The potential benefits of patient facing technology include:

- The ability for individuals to input data into their own record will create a shared responsibility between people and health and social care services. Increased ownership and monitoring in this way had been shown to reduce A&E attendances, outpatient appointments, walk-in centres, GP attendances and delivered improved health outcomes and management of long term conditions.
- Developing shared responsibility potentially increases individual satisfaction (increased confidence and health/self awareness) and staff levels of satisfaction (reducing vacancies and need for agency staff), reduces system costs in terms of non attendance, reducing waiting times and increased utilisation of staff.
- Ensuring that care professionals have access to information recorded by an individual prior to an initial consultation resulting in efficiency savings and improved qualitative improvements and higher quality of care.
- The ability of staff and patients to monitor health supports the prevention agenda, safeguarding and wider population health outcomes.
- Greater capacity for self care and uptake of alternative care services e.g. pharmacy.

#### Paper free at point of care

Paper free at point of care is the core deliverable as part of the LDR process and there are substantial benefits in achieving this. There are distinct challenges to achieving this within the Frimley STP with organisations at differing levels of digital maturity. Frimley Health have a substantial work programme to deliver as a result of the merger of three hospitals. This integration work is a fundamental enabler prior to being able to support transformation programmes linked to the whole digital ecosystem. There are also challenges for local authority partners and ensuring they have access to the N3 network and NHS numbers to support social care systems linking with health systems.

Projects to support paper free at point of care include projects to integrate systems across Frimley Health, Electronic Document Management System and E-referrals. In Primary Care, there are opportunities to look at stronger collaboration with care homes including a 24/7 health hub supported by video conferencing The benefits of paper free at point of care include:

- Reduces administrative costs in paper handling. Distribution of paper at Frimley Health is a substantial outlay using existing systems.
- Benefits in releasing time to patient care as clinical staff become used to paper free system across the system.
- Potential reduction of costly errors with system monitoring of drug, interactions, blood types, inventories, etc.

#### **Notes**

- The above cash releasing benefits are dependent on whole system transformation initiatives as part of the STP delivering benefits.
- There is a risk of double counting benefits at this early stage and work will be done to identify what return on investment can be directly attribute to the technology.
- Recent reports (e.g. Wachter) note the cumulative affects of broad health IT as the whole organisation transforms from many initiatives. Full realisation does not occur until 7-10 years post implementation of major health IT projects.

## **Appendix 6: STP General practice at scale investment case**



### **Going further faster**

Frimley STP is able to go further, faster with the transformation of General Practice and delivery of the resulting benefits. This is because:

- We have the foundations in place to deliver at scale and pace. Underpinned by good leadership and engagement, clear gap analysis, evidence within local systems and a compelling case for change.
- Delivery will be based upon spread of good practice across the whole of the STP to give both stability and redesign of services with a reduction in variation between localities (Year 1)
- We are identifying clinical leaders and managerial support to push at our traditional local boundaries (technology, business models with scale, patient empowerment and primary/ secondary care interface) – to give full delivery of FYFV and transformation and sustainability roadmap by 2010 (Year 2)

## Illustrative of what Surrey Heath have achieved – investment circa £3M additional

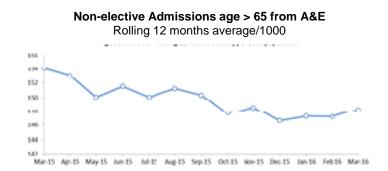
### July 2016 National GP Experience Survey

	Surrey Heath CCG	National Average
overall GP experience good	92%	85% (+7%)
Setting an appointment Good	85%	73% (+12%)
Hatisfied with opening Hours	83%	76% (+7%)

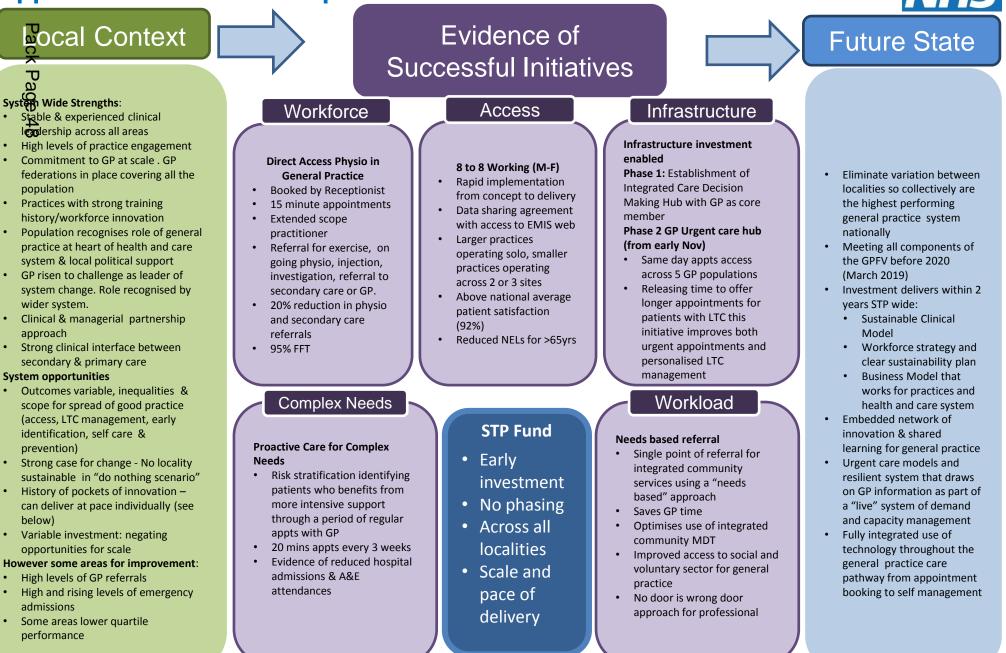
#### **Financial investment**

The following investment is required to support us to go further faster and accelerate early delivery of benefits:

- 1. Investment for the STP for all new **workforc**e role mentioned in FYFV in year 1 across all localities (five CCGs) irrespective of whether already part of PMCF or GP Access Fund. Mental Health Therapists, clinical pharmacists, care navigators and medical assistants.
- 2. All localities(CCGs) across the STP to receive Funding to Improve Access to General Practice Services in Year 1 (2017/18) irrespective of whether already part of PMCF or GP Access Fund. £6 per head of STP population.
- 3. Early response to Estates and Technology Transformation Fund local bids (end Dec) so that estates support to transformation can be planned a vital ingredient to our plans
- 4. Early release to system of funding for reception and clinical staff training and online consultation systems (full sight of tranche's early so that full programme can be scheduled) to enable cohorts of training & increased pace
- 5. Pump priming money (non-recurrent) to enable full STP wide workforce assessment & development plan, Integrated Care Hubs across the STP to optimise out of hospital care & upskill other health and care professional to manage less complicated problems. (Support workload transformation)



## **Appendix 6: STP General practice at scale**



## HOUSING STRATEGY STANDING GROUP PREPAYMENT METERS

### **Report to the Community Policy and Review Panel**

### Notes from the meeting held on Tuesday, 17th January, 2017

Members present: Crs. Rod Cooper, Jennifer Evans, Mike Smith and Les Taylor

Members absent: Crs. Steve Masterson and Mike Roberts

**RBC Officers:** Qamer Yasin (Head of Environmental Health and Housing and Lauren Harvey (Community Panel Administrator)

### 1. Introduction

Following the Notice of Motion, submitted to Council on 6th October, 2016, it was agreed at the Community Policy and Review Panel Mid-Cycle meeting that the Council would make contact with energy suppliers, registered providers and local landlords in order to find out further information on the issue of prepayment meters. Members requested that this information then be presented to the Housing Strategy Standing Group (HSSG) where the issue would be considered and the Council's future approach agreed. The Chairman of the Panel also agreed to invite Cr. Les Taylor to attend the meeting of the Group because of his interest and experience in the subject matter.

### 2. Research

The HSSG was reminded of the Notice of Motion and it was noted that this had been recognised as a national issue. A recent recording of 'The Martin Lewis Money Show' had made reference to the cost of prepayment meters and offered viewers advice on how cost savings could be made. This was followed by a detailed webpage being written for the Money Saving Expert website <a href="http://www.moneysavingexpert.com/utilities/switch-prepaid-gas-electricity">http://www.moneysavingexpert.com/utilities/switch-prepaid-gas-electricity</a>

Some of the 'big 6' energy suppliers were contacted and asked the following questions:

- Why are your customers using prepayment meters?
- Is it true that customers using prepayment meters pay more than customers using a credit meter?
- How difficult is it for customers to change from prepayment meters to a credit meter?

Responses were received from E.ON and npower through their 'live chat' services, available on their websites. A table of the questions and answers can be found below:

Why are your customers using prepayment meters?						
É.ON	npower					
"A lot of our customers are using prepayment as they prefer this method, it is an easier way to keep track of what they are using. Some landlords in high-churn properties prefer to have these meters installed to avoid tenants building up debt. Some also have them installed for debt repayment, we can set their credit meter debt at a lower rate to collect weekly. Some customers move into the property and the meters are already there. We can change these for free subject to an external credit check."	"The prepayment method of payment helps to track the energy customers use. If there is more debt on the account we try to install the prepayment meters to clear the debt. Customers can set up a debt recovery rate on the meter and it will automatically collect a minimum amount that will go towards clearing their debt."					
external credit check."         Is it true that customers using prepayment meters pay more than customers						
E.ON	edit meter?					
<b>E.ON</b>	<b>npower</b> "Well, it's a really useful way to pay for					
Our prepayment tariff is exactly the same as our standard credit tariff 'E.ON Energy Plan'.	energy before you use it, which means you can keep track of how much you're spending. Great if you want to stick to an energy budget.					
The only way it becomes cheaper on a credit meter is by paying by fixed direct debit as we reduce the standard charge by £35 per year, per fuel."	Each tariff will be different, however, we won't charge more on the prepayment method of payment. Customers can top up the amount and use the supply without any issue."					
	nge from prepayment meters to a credit ter?					
E.ON	npower					
"The option to change to a credit meter is available for all prepayment customers as long as there is no debt being collected through their meter and a warrant to fit the prepayment meter has not been issued.	"It is possible to change tariff, however for some there will be an early exit fee if this is done before the 'end date' of that specific tariff. The early exit fee varies depending on the tariff and the fuel, however it will be approximately £20.					
We would carry out an external credit check, if this is successful, we would change the meter to a credit meter free	We will carry out a credit check on our customers.					

of charge.	Customers can only change to a credit meter once their debt is cleared.
Once the meter has been changed to a credit meter, we would discuss various payment options and they can pick any credit meter tariff we have available."	The prepayment meter must also remain in the property for 12 months before a request to change it back to a credit meter can be actioned."

Following the Registered Providers Liaison meeting, all attendees were sent a questionnaire that was made up of the following questions:

- How many of your residents use prepayment meters?
- Why do they use this method?
- What is your approach to providing advice / support to residents on energy costs and savings?

At the time of the Group's meeting, four responses had been received from First Wessex's Green Living Team, Sentinel, Stonewater and Pegasus Court Housing & Care 21. The responses assured the Group that these registered providers were able to offer expert advice and support to their residents. In particular, First Wessex and Sentinel had good advice and support schemes in place, for example:

- First Wessex were prepared to speak to utility companies on behalf of their residents and were then able to relay the conversation in an easy-to-understand way
- Sentinel staff have had energy efficiency training, which will also be offered to customers in the future

Finally, a number of information pages are available on the Citizens Advice webpage, 'your energy supply'

https://www.citizensadvice.org.uk/consumer/energy/energy-supply/. Residents can also phone their Adviceline on 03444 111 306.

### 3. Discussion

Cr. Les Taylor offered further information on the issue and informed the Group that the Council would not have the ability to make changes to tariffs and payment methods. It was noted that four million households in the country used prepayment meters and on average, these households paid approximately £300 more for their energy per year.

The information collected from energy suppliers explained that they would often fit prepayment meters in order to collect debt owed to them by their customers. However, many customers may not have been aware that if their debt was less than £500, they would have the option to switch supplier, therefore giving them an opportunity to make a cost saving. Cr. Taylor also informed the Group that the utility companies would only contact the person named on the account when requesting payments. This meant that landlords did not need to use prepayment meters as a way of avoiding tenants leaving debt behind, providing the account was in the tenant's name.

The Group agreed that the information collected was encouraging, however, still believed that prepayment meter customers were at a disadvantage due to the fact that they had no access to the cheapest tariffs offered by energy suppliers.

It was concluded that although the Council was not in the position to influence energy costs, it would need to address the lack of awareness amongst residents and would aim to do this by supporting and advertising the information that was readily available.

### 4. Next Steps

The Group agreed that the following would be actioned:

- The notes of the meeting be sent to the next Community Policy and Review Panel for comment
- Some of the larger registered providers be encouraged to respond to the questionnaire
- An article advertising information pages and encouraging residents to check the price of their energy or contact their supplier be published in the Arena Magazine
- The issue be raised at the Landlord Forum (15th March, 2017)

#### 5. Recommendation

It is recommended that the Panel note the Report.

## COMMUNITY POLICY AND REVIEW PANEL WORK PROGRAMME

Set out below are the key issues which form the Panel's on-going work programme. The topics covered reflect the following:

- the development of a new policy for recommendation to the Cabinet
- scrutiny of the process of the way in which decisions have been or are being made
- reviewing issues of concern to local people or which affect the Borough
- review of performance and delivery of specific services
- monitoring and scrutinising the activities of others
- items raised by Members and agreed by the Panel for consideration
- review of policies and proposals developed by others

The purpose of the work programme is to identify the way in which topics are being dealt with and the progress made with them. An update will be submitted to each meeting of the Panel.

Agenda Item 4 Agenda Item 4 NO. 4

## HEALTH AND HOUSING PORTFOLIO

### ACCOUNTABILITY AND AREAS OF RESPONSIBILITY

#### **Housing Matters**

- To carry out the Council's strategic housing and enabling role by identifying housing need and considering and developing initiatives to meet that need through work with the statutory, voluntary and private sectors.
- To consider, approve and keep under review the Housing Strategy in accordance with Department of the Environment, Transport and the Regions guidelines.
- To deal with matters relating to registered social landlords operating in the Borough and commit capital expenditure to develop new and improved affordable housing in the Borough.
- To carry out the Council's statutory duties under the homelessness legislation including the provision of a comprehensive free housing advice service and the responsibility for a homelessness strategy.
- To monitor and review the portfolio of temporary accommodation for the homeless and review that provided by registered social landlords.
- To maintain a housing register, allocations scheme and choice in lettings policies and the nominations policies and agreements with registered social landlords.
- To deal with all matters relating to the condition, repair, improvement, adaptation and energy efficiency of private sector dwellings, including houses in multiple occupation pursuant to the Housing Act 2004.
- To carry out the Council's statutory duties in relation to the licensing of houses in multiple occupation, pursuant to the Housing Act, 2004.

- To provide Private Sector Renewal Grants for the repair and adaptation of dwellings, in accordance with legislation and the Private Sector Housing Renewal Strategy.
- To carry out the Council's responsibilities under the home energy legislation, particularly in relation to energy efficiency and fuel poverty.

#### **Care in the Community Matters**

- To undertake the Council's role in respect of care in the community policy issues, social needs and supporting people in conjunction with appropriate other organisations, including the County Council, Primary Care Trust, health trusts and the voluntary sector.
- To monitor and review services to the local community in relation to the Health and Housing Portfolio and administering grants as appropriate, in particular to the Hampshire Youth Bureau, Step by Step, Relate and the local home improvement agency.

#### **Health Matters**

- To liaise and co-ordinate with local health organisations and bodies to improve facilities in the Borough.
- To work in partnership with local health organisations and bodies to promote the health needs of the Borough and in particular to support the activities of the Healthy Rushmoor Alliance.
- To exercise the Council's functions in relation to health education and to participate in local and national initiatives and campaigns as appropriate.

## SCRUTINY

DATE RAISED	ISSUE	CURRENT POSITION	PROCESS AND TIMETABLE	CONTACT (SERVICE MANAGER)				
HOUSING MATTERS								
11.12.03	First Wessex (FW) - Performance and Review	FW to attend one meeting of the Community Panel each year to cover scrutiny, performance and delivery. Two Joint FW and RBC joint Business Meetings to be held as a pilot arrangement. Items for the Panel meeting to be submitted to the Head of Environmental Health Housing Services in advance.	<ul> <li>The FW / RBC Business meeting took place on Thursday, 23 July, 2015 the next business meeting will take place in 2016.</li> <li>FW attended the meeting of the Panel on <b>4 February, 2016</b>. They will be invited to provide the Panel with an update during the 2016/17 Municipal Year.</li> <li>On 15 September, 2016, Peter Walters attended the meeting of the Panel to advise Members on the proposed merger between First Wessex and Sentinel Housing Association.</li> </ul>	Qamer Yasin Head of Environmental Health and Housing Tel. (01252) 398640 Email: qamer.yasin@ rushmoor.gov.uk				
15.06.06	Registered Providers of Social Housing Review Group (RPSHs)	<ul> <li>The RPSH Review Group has been set in order for Members to meet with Registered providers of social housing.</li> <li>The emphasis of the meetings was to question the landlords on: <ul> <li>housing management,</li> <li>maintenance of property</li> </ul> </li> </ul>	Appointments to the Group were made at the Panel meeting on 9 June, 2016 for the 2016/17 Municipal year. An outcome report of the Review for 2016/17 would be submitted to the meeting of the Panel at the end of the Municipal Year.	Qamer Yasin Head of Environmental Health and Housing Tel. (01252) 398640 Email: qamer.yasin@ rushmoor.gov.uk				

DATE	ISSUE	CURRENT POSITION	PROCESS AND TIMETABLE	CONTACT (SERVICE MANAGER)
		<ul> <li>the environment</li> <li>tenant involvement</li> <li>customer service</li> <li>with development issues being secondary.</li> </ul>		
HEALTH	MATTERS –			
Jan, 2007	Health Issues Monitoring and influencing the configuration and delivery of local health services. Review the implications of the Government's White Paper and to engage with the Director of Public Health, local GPs and Frimley Park Hospital.	The Panel has a key role in monitoring and influencing the public health agenda. The Panel has agreed that a Health Issues Standing Group would be appointed to discuss any current and future consultation relating to health issues / changes in the area. The outcome of the meeting would be submitted to the Panel for agreements.	The Group was appointed to at the meeting of the Panel on 9 June, 2016. Meetings of the Health Issues Standing Group to be organised for 2016 /17 Municipal Year and a programme of work to be developed for the Year.	Andrew Lloyd Chief Executive Tel. (01252) 398397 Email. andrew.lloyd@ rushmoor.gov.uk /

DATE ISSUE RAISED	CURF	RENT POSITION	PROCESS AND TIMETABLE	CONTACT (SERVICE MANAGER)
04.09.07 Neighbo Renewal	Strategy Rene	•	An update due to be provided to the Panel in the 2016/17 Municipal Year.	Ian Harrison, Corporate Director Tel. (01252) 398400 Ian.harrison@rushmoor. gov.uk

## POLICY

DATE RAISED	ISSUE	CURRENT POSITION	PROCESS AND TIMETABLE	CONTACT (SERVICE MANAGER)
HOUSING MATTERS				
2008/2010 Pack Page 5	Housing and Homelessness Strategies 2011- 2016 and Action Plan	The Panel has appointed a Housing Strategy Group, comprising councillors and representatives from a range of organisations, to debate the key themes and issues, help set the objectives and aims, look at options and assist in formulating actions and targets for the Housing Strategy.	The 2011-2016 Housing and Homelessness Strategy came to an end in March 2016. Consultation for the 2017- 2021 had taken place in Spring 2016. Members would continue to play a key part in the development of the strategy. An update on the development of the new strategy was presented to the Panel on <b>15th September, 2016</b> . The Panel would continue to monitor the work of the Housing Options Team, the most recent update was provided to the panel on <b>4 February, 2016</b> .	Qamer Yasin Head of Environmental Health and Housing Tel. (01252) 398640 Email: qamer.yasin@ rushmoor.gov.uk

ዎ ውATE ጽAISED ዋል	ISSUE	CURRENT POSITION	PROCESS AND TIMETABLE	CONTACT (SERVICE MANAGER)
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Welfare Reform	At the meeting of the Panel on 29 <sup>th</sup> March, 2012, it was requested that this item would be added to the Panel's programme of work as a result of the significant changes to the Borough as a result of the Welfare Reform. The Panel agreed that a task and finish group should be established including the Cabinet Member for Concessions and Community Support in order to consider the preparation for the development of the council tax support scheme.	<ul> <li>Ian Harrison provided details of the Welfare Reform and the requirement for local authorities to develop a local council tax support scheme at its meeting on 29<sup>th</sup> March, 2012. A task and finish Group was appointed to develop the support scheme.</li> <li>The Panel to receive yearly updates on progression.</li> <li>An update was presented to the Panel on <b>19 November, 2015</b>. A further update to be provided in the 2016/17 Municipal Year.</li> </ul>	Ian Harrison, Corporate Director, Tel. (01252) 398400, Email. ian.harrison@rushmoor.g ov.uk

## **COMMUNITY POLICY AND REVIEW PANEL**

## WORK FLOW - 2016 / 17

9 June 2016	Hilary Smith	Redress Scheme
	Hilary Smith	Private Sector Housing Survey
		Appointments to Groups
Mid-Cycle Meeting 21 July 2016		
•		First Wessex and Sentinel Housing Association – Proposed Merger
	Qamer Yasin	Housing Strategy 2017-2021
Mid-Cycle Meeting 13 October 2016		
17 November 2016	Michelle Rooks- Dawson	First Wessex Garage Sites
	Colin Alborough	Health and Wellbeing Update
	Hilary Smith	Private Sector Housing Survey Update – Written Report
Mid-Cycle Meeting 15 December 2016		
2 February 2017	Sir Andrew Morris and Dr Andrew Whitfield	Frimley Health Sustainability and Transformation Plan

Mid-Cycle Meeting 2 March 2017				
6 April 2017		Hilary Smith Zoe Paine	Final Private Sector Housing Survey – Fina Report Review of Registered Providers	
Future Items Suggested – Dates to be Confirmed	uggested – ates to be Vanguard Update			South East Coast Ambulance Service Mental Health

### Lead Officer

Andrew Lloyd (Chief Executive) Tel. (01252) 398396 Email. andrew.lloyd@rushmoor.gov.uk

### **Panel Administrator**

Lauren Harvey Tel. (01252) 398827 Email. lauren.harvey@rushmoor.gov.uk

Last update: 24 January 2017